

Paint colours can help visually and mentally impaired

It is now accepted that over 80% of visually impaired people can discern colour differences so that use of contrast can make movement and building navigation much easier – such as painting whole doors and architraves in a contrasting colour with the surrounding surfaces; and using a colour that contrasts with the background draws attention to key features like switches, sockets and handrails. Equally, the correct use of colour has been proven to help people with dementia find their way around buildings. They may not be able to recall that their room is on the second floor but find it easier to remember that they live on, say, “the blue floor”.

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