

# The Treatment of Resistant Bacterial Infection in Children

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South African Antibiotic Stewardship Programme



SAPA/SAAPS Congress 10 Sept 2014



# The Treatment of Resistant Bacterial Infection in Children (and adults...)

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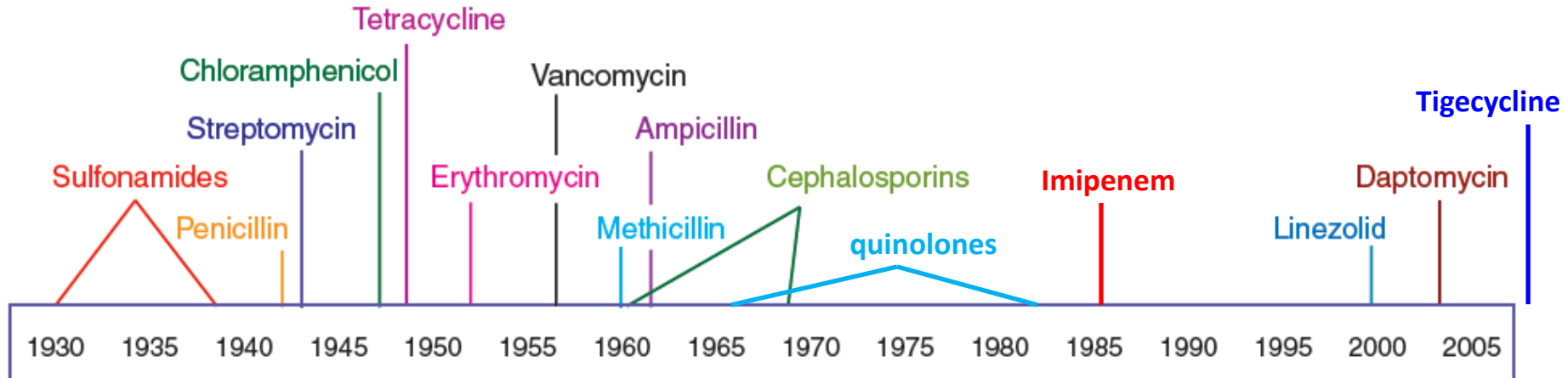
# One of the biggest challenges...

## Children are not small adults

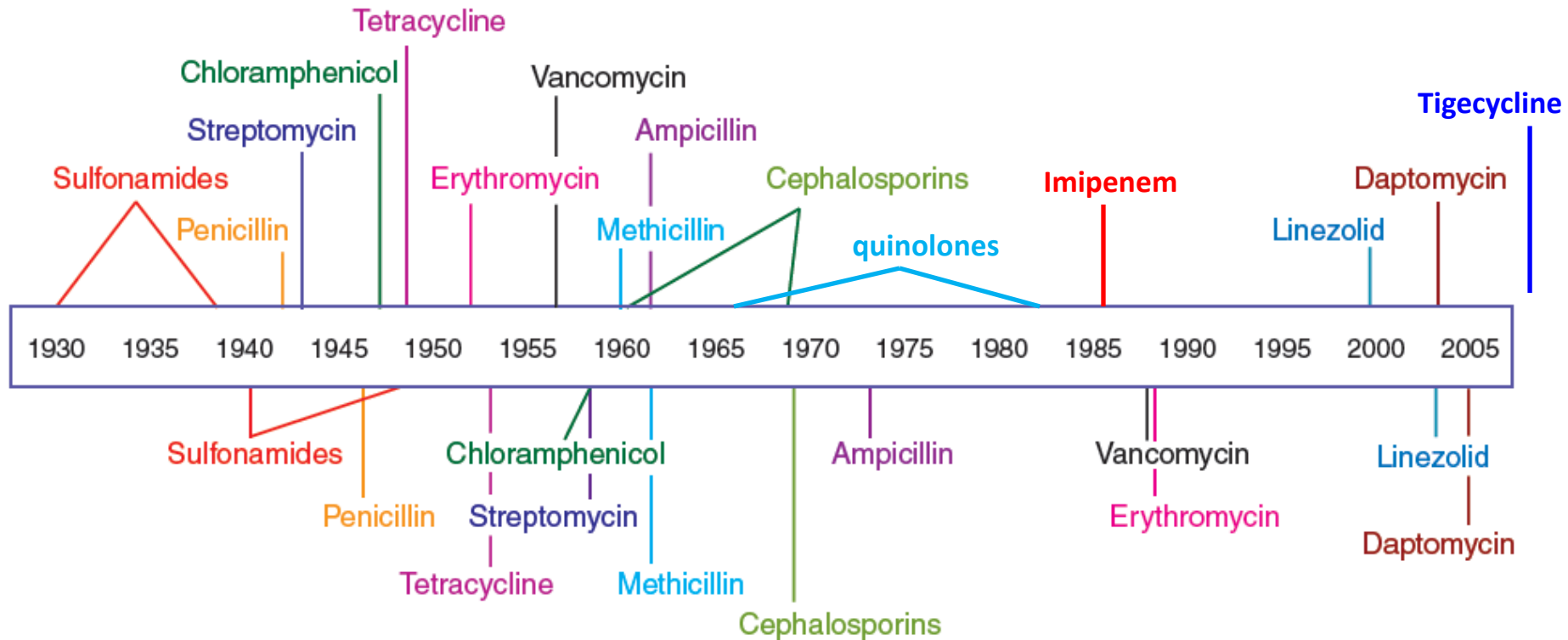


# New Antibiotics

Antibiotic deployment



## Antibiotic deployment



## Antibiotic resistance observed

**Nothing in the pipeline for another decade or more...**

# Do we know what's out there?



# Paediatric BSI

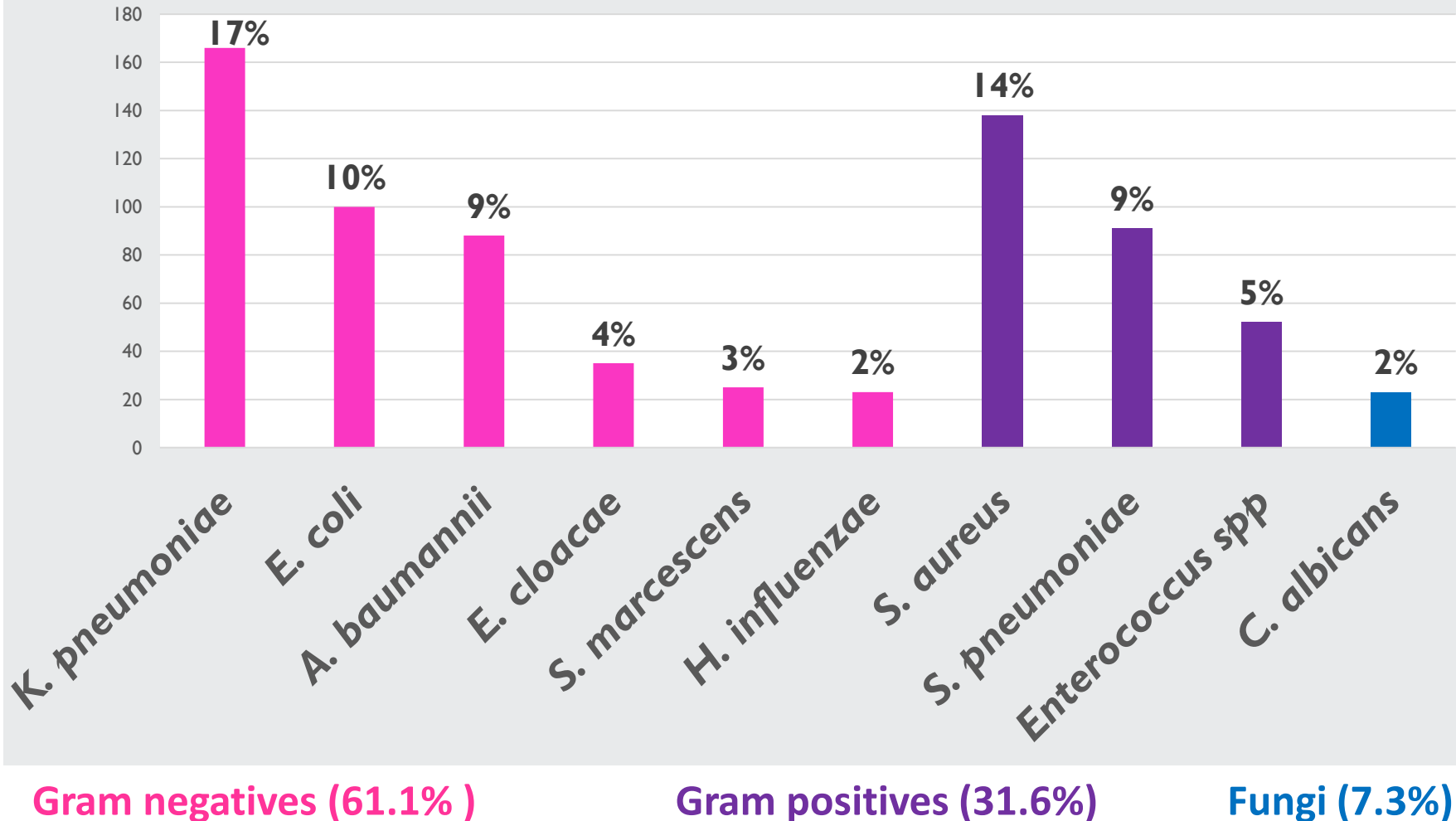
Table 2. Spectrum of common pathogens on blood culture

	2008	2009	2010	2011	2012
Gram-positive, %					
Total, N	271	255	234	190	133
<i>Streptococcus pneumoniae</i>	34.3	36.4	26.5	22.1	14.3
<i>Staphylococcus aureus</i>	33.9	32.2	42.3	40.5	42.1
<i>Streptococcus</i> group B	6.3	5.1	6.8	5.8	4.5
<i>Enterococcus faecium</i>	4.8	7.1	3.4	5.3	11.3
<i>Enterococcus faecalis</i>	6.3	7.5	4.7	14.7	10.5
Gram-negative, %					
Total, N	338	408	376	325	232
<i>Klebsiella pneumoniae</i>	31.3	27.2	27.9	21.2	22
<i>Escherichia coli</i>	21.9	19.1	17	14.5	22
<i>Acinetobacter baumannii</i>	12.4	17.2	17.8	25.2	8.2
<i>Serratia marcescens</i>	2.4	7.1	7.4	7.1	10.3
Other, %					
Total, N	43	43	43	42	36
<i>Candida albicans</i>	73.8	77.5	53.5	32.5	55.6
<i>Candida parapsilosis</i>	14.3	17.5	18.6	27.5	11.1
<i>Candida krusei</i>	4.7	-	-	11.9	19.4
<i>Candida lusitanae</i>	-	5	4.7	2.4	-
<i>Candida tropicalis</i>	2.3	-	16.3	-	5.6
<i>Candida dubliniensis</i>	-	-	2.3	12.5	-
<i>Mycobacterium tuberculosis</i> complex	2.3	7	-	4.8	2.8

Red Cross Hospital,  
2008-2012

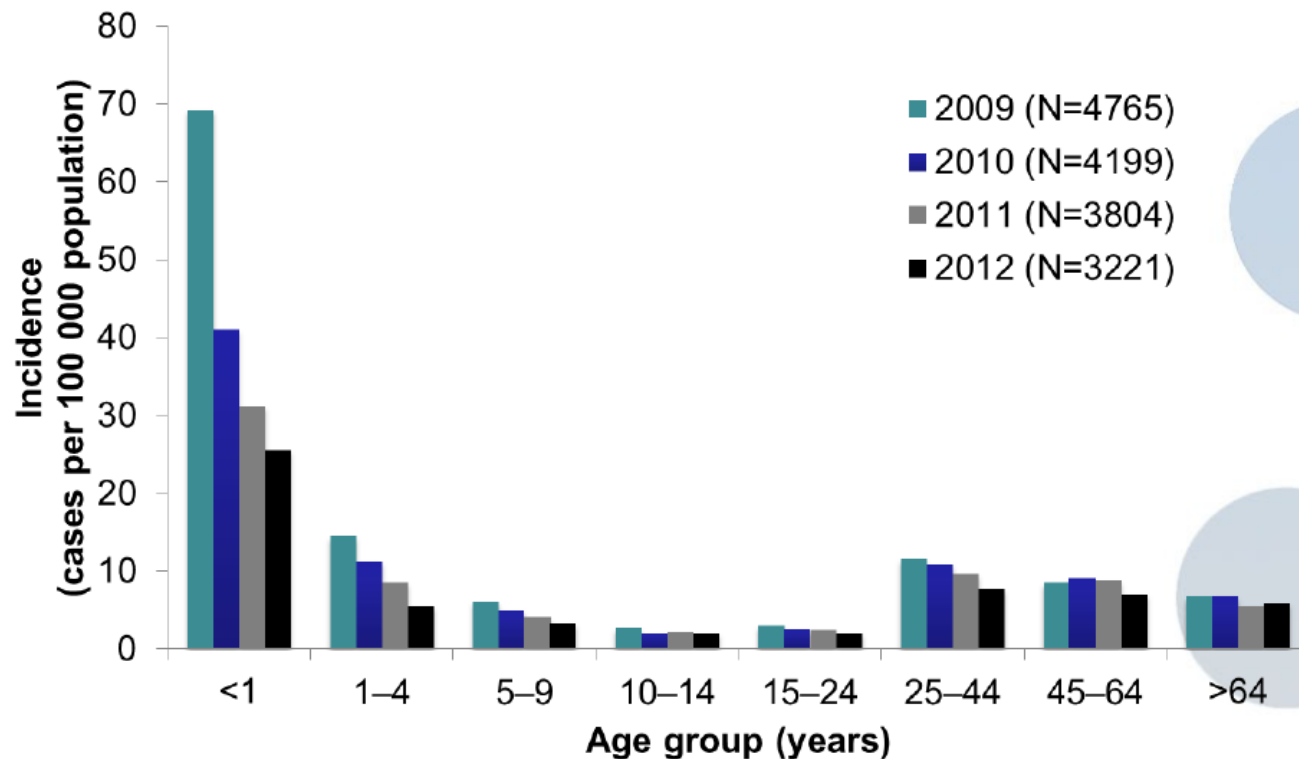
# Paed bacteraemia TBH (2008-2013)

## Top 10 BSI pathogens (75% of total isolates)





# Pneumococcal infections



Age-specific incidence rates for laboratory-confirmed, invasive pneumococcal disease, reported to GERMS-SA, South Africa, 2009 through 2012

# MDR Invasive pneumococcal diseases

- Associated with
  - Younger age (<1; 2-5)
  - HIV infection
  - Previous antibiotics (incl TB treatment)
  - PCV13 serotypes
- Not associated with
  - Gender
  - Site of infection
  - Outcome

# Resistance

	2010	2011	2012
Penicillin non-susceptible	42%	34%	28%
Penicillin non-susceptible (<5yrs old)	61%	44%	35%
Ceftriaxone non-susceptible	8%	5%	5%

Reduction thought to be related to reduction in vaccine serotypes

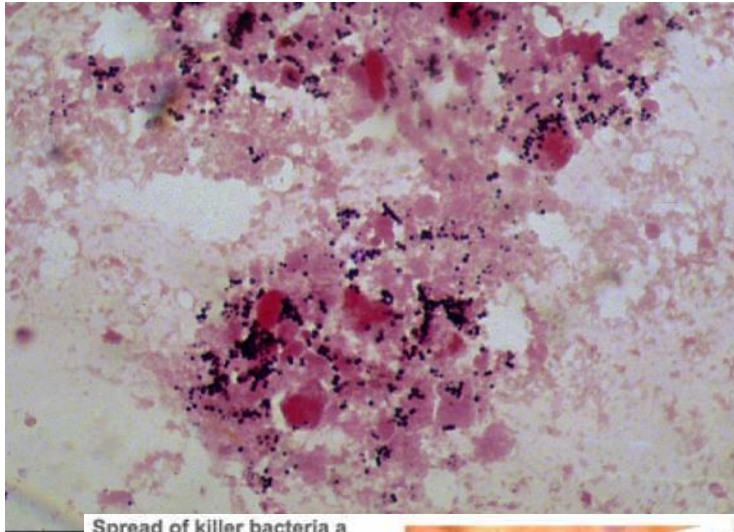
For respiratory infections:

- Penicillin/amoxicillin still appropriate
- High level penicillin resistance (MIC >2) rare – about 5%

For meningitis:

- Ceftriaxone empirically
- If ceftriaxone MIC >1 – ceftriaxone plus vancomycin; or moxifloxacin plus rifampicin

# S. aureus



## Spread of killer bacteria a threat to public

Health region fears superbug will hit general population

Michelle Lang, Calgary Herald  
Published: Sunday, February 10

The number of...  
through...  
near...  
the vir...  
genera...

### Science News

**'Superbug' Infections More Than Doubled In Hospitals, Study Finds**  
The Daily (Dec 6, 2007) — Hospitalizations...  
antibiotic-resistant...  
doubled between 1999 and...  
nearly 280,000...  
for a University

Ad by Google

**End Your Staph Infection**  
Proven Step-by-step methods for Staph infection treatment.  
[www.staph-infection-resources.com](http://www.staph-infection-resources.com)  
**PureGreen24 Disinfectant**

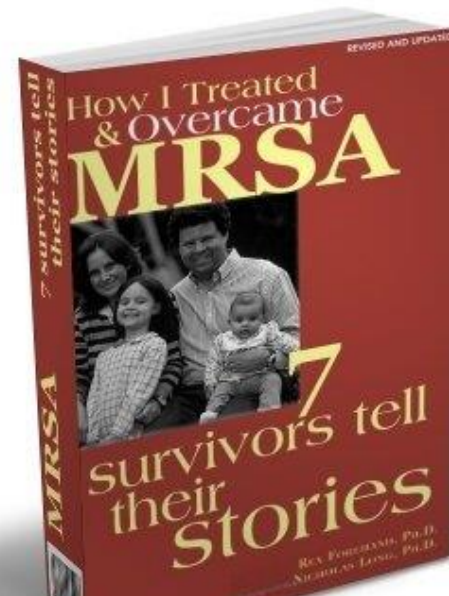
# TIMESONLINE

NEWS | COMMENT | BUSINESS | SPORT | LIFE & STYLE | ARTS & ENTERTAINMENT  
CAREER & JOBS | DRIVING | EDUCATION | FOOD & DRINK | HEALTH | PROPERTY | TRAVEL | C

Where am I? > Home > Life & Style > Health

From The Sunday Times  
March 23, 2008

**MRSA and C difficile superbug deaths at 10,000 a year**



## World MRSA Day

Saturday, October 1st  
10:30am

Loyola University  
Stritch School of Medicine

2160 S. First Ave  
Maywood, IL 60153

# Resistance - community

## Review

### **Antimicrobial susceptibility of bacterial isolates from community acquired infections in Sub-Saharan Africa and Asian low and middle income countries**

**Elizabeth A. Ashley<sup>1,2</sup>, Yoel Lubell<sup>1,3</sup>, Nicholas J. White<sup>1,3</sup> and Paul Turner<sup>1,3,4</sup>**

*1 Mahidol-Oxford Tropical Medicine Research Unit, Mahidol University, Bangkok, Thailand*

*2 Imperial College NHS Trust, London, UK*

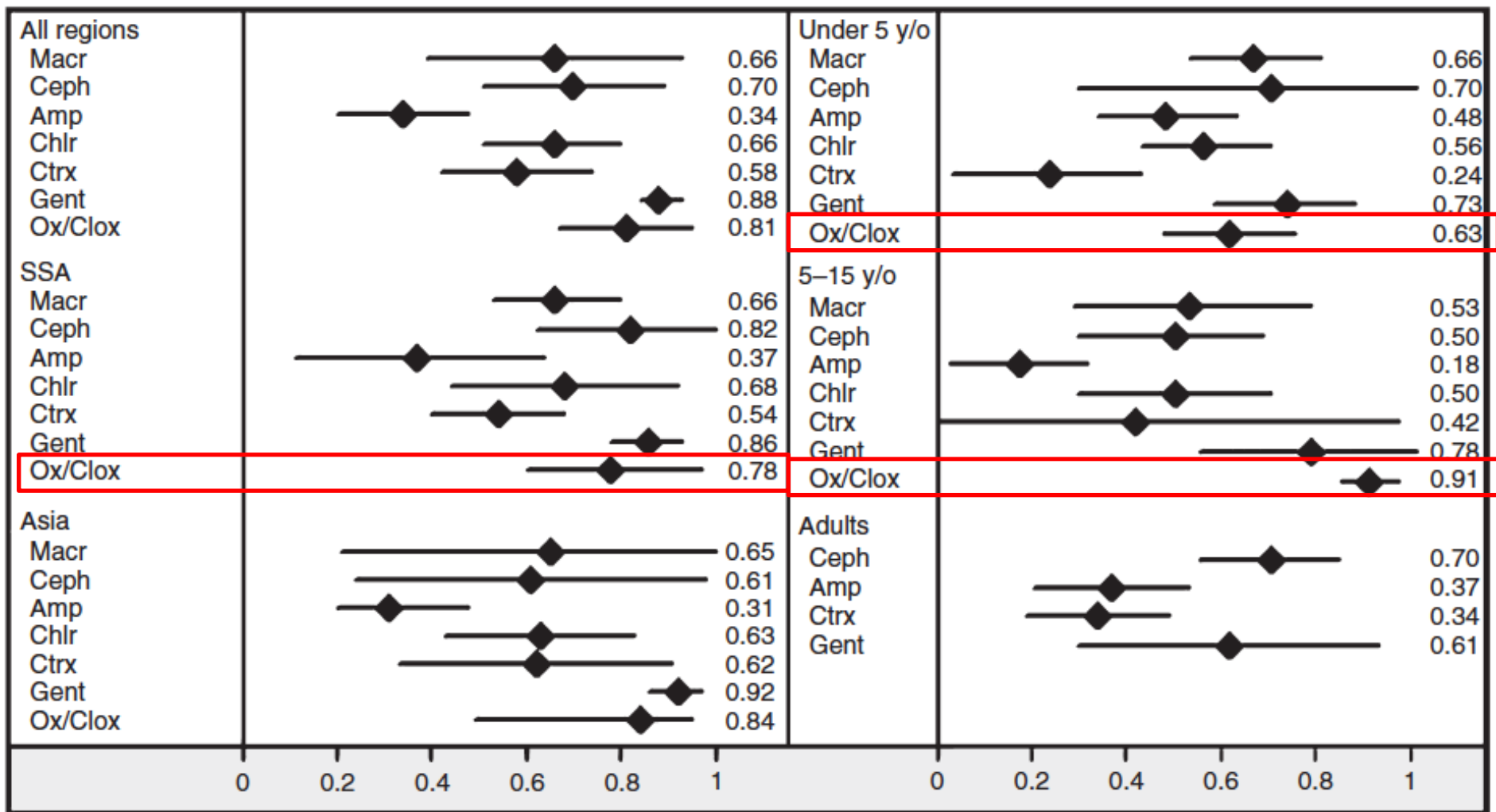
*3 Centre for Tropical Medicine, University of Oxford, Oxford, UK*

*4 Shoklo Malaria Research Unit, Mae Sot, Thailand*

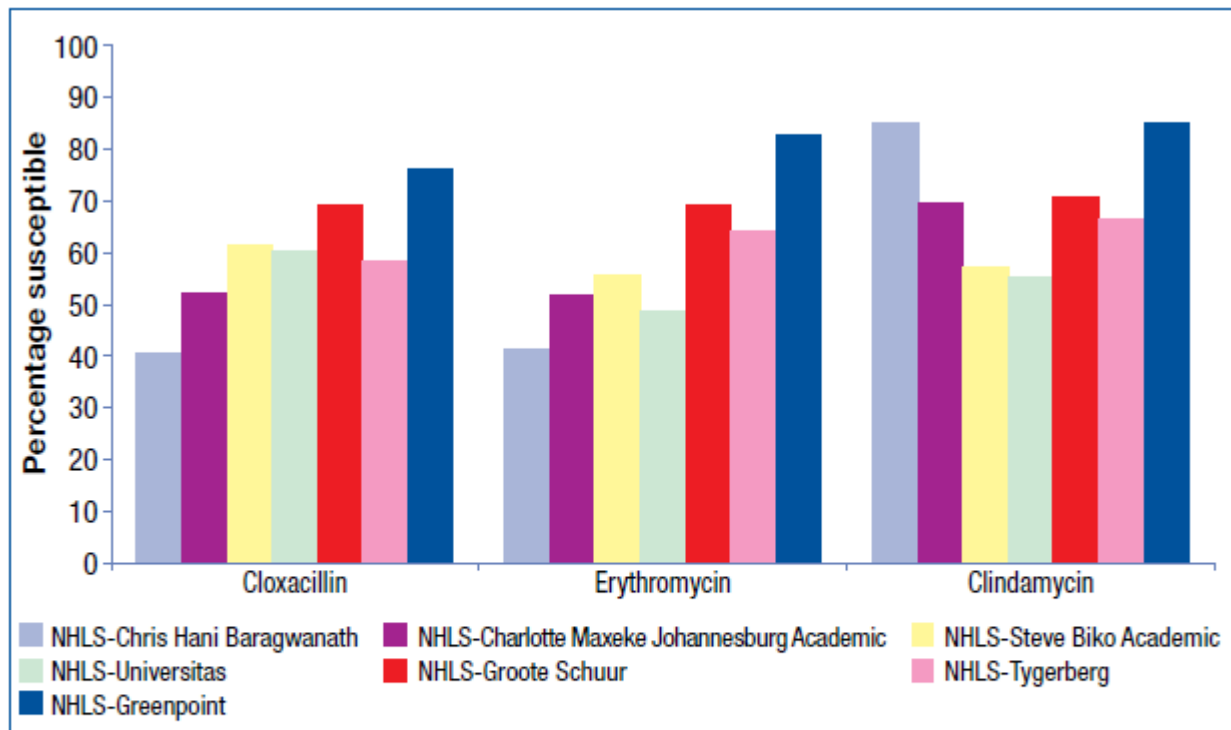
Trop Med Int Health, 2011

- 2004 onwards
- Urine and blood
- >1 month old patients

Definition of  
community acquired  
not stringent



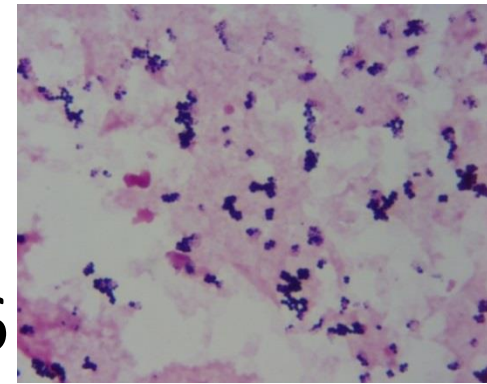
**Figure 2** Proportion susceptible of *S. aureus* by region (left) and age group (right). Macr – macrolides; Ceph – **third** generation cephalosporins; Amp – aminopenicillins; Chlr – chloramphenicol; Ctrx – co-trimoxazole; Gent – gentamicin; Ox/Clox – oxacillin/cloxacillin.



Combined adults and children  
Combined community and hospital acquired

**Figure 6:** Susceptibility of *Straphylococcus aureus* isolated from blood to selected antimicrobial agents at seven participating laboratories, South Africa, 2010

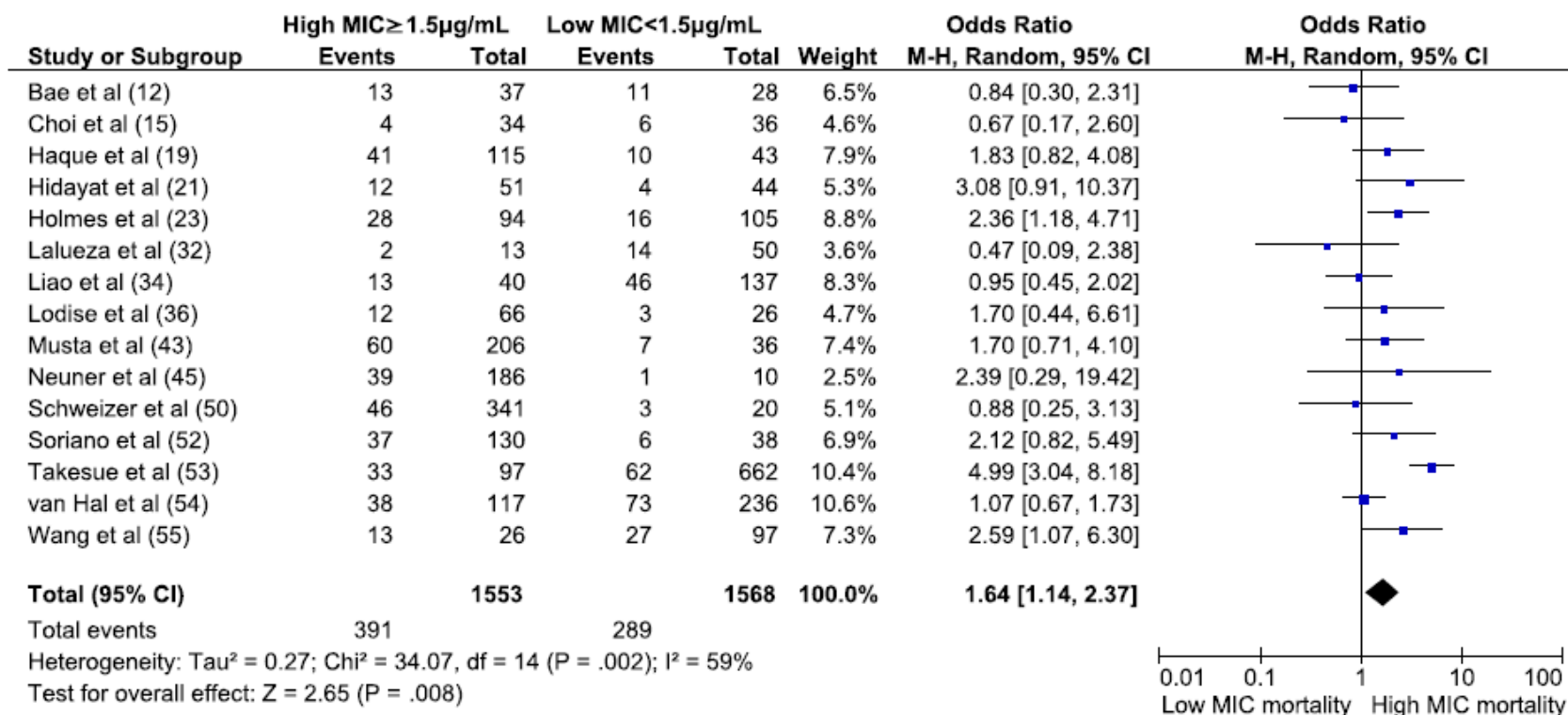
# MRSA



- Baragwanath Hosp, Jhb, 2005-2006
  - 39% of CA SAB were MRSA (n=161)
  - Many had been hospitalised in previous year
  - CA defined as pos BC within 48 hrs of admission
- Red Cross Children's Hospital, CT, 2007-2011
  - 3% CA SAB were MRSA
  - 72% of nosocomial SAB were MRSA
  - CA defined as pos BC within 48 hrs admission, with none of the CDC defined risks for HA MRSA



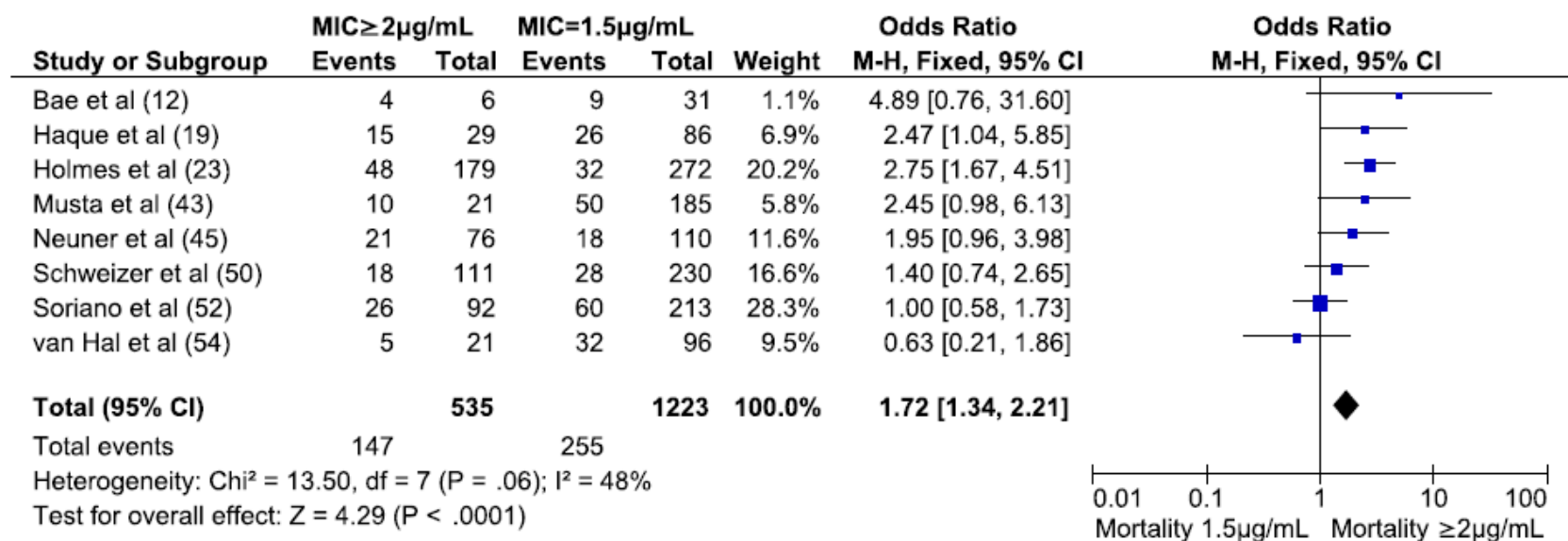
# MRSA outcome and vanc MIC



**Figure 2.** Forest plot (using Mantel-Haenszel analysis) of events denoting methicillin-resistant *S. aureus* mortality (irrespective of source of infection and minimum inhibitory concentration [MIC] methodology used) comparing high vancomycin MIC ( $\geq 1.5 \mu\text{g/mL}$ ) with low MIC ( $< 1.5 \mu\text{g/mL}$ ) infections. Squares indicate point estimates, and the size of the square indicates the weight of each study. Abbreviations: CI, confidence interval; M-H, Mantel-Haenszel; MIC, minimum inhibitory concentration.

**Table 2. Eligible Studies Examining the Association Between Mortality and Vancomycin Minimum Inhibitory Concentration (MIC) Classified by MIC Categories 1.5 µg/mL and 2 µg/mL Separately**

	Study Population	Number of MRSA, (MSSA) Isolates	Source	MIC Method	Mortality% (n)			Comments
					Vancomycin MIC (µg/mL)			
					≤1	1.5	≥2	
Bae et al [12]	See Table 1	65 (0)	IE	Etest	39% (11/28)	29% (9/31)	67% (4/6)	
Haque et al [19]	See Table 1	158 (0)	HAP	Etest	23% <sup>a</sup> (10/43)	30% <sup>a</sup> (26/86)	52% <sup>a</sup> (15/29)	
Holmes et al [23]	See Table 1	199 (324)	BSI	Etest	12% <sup>a</sup> (7/57)	13% <sup>a</sup> (35/272)	27% <sup>a</sup> (48/179)	Mortality rates were similar for MIC results 1 vs 1.5 µg/mL



**Figure 4.** Forest plot (using Mantel-Haenszel analysis) of events denoting *S. aureus* mortality (irrespective of source of infection) comparing Etest vancomycin minimum inhibitory concentrations (MIC) of 1.5 µg/mL with MIC ≥ 2 µg/mL. Squares indicate point estimates, and the size of the square indicates the weight of each study. Abbreviations: CI, confidence interval; M-H, Mantel-Haenszel; MIC, minimum inhibitory concentration.

# MRSA and vancomycin

- Increasing numbers of MRSA with vanco MICs >1,5ug/ml
- Need to monitor levels
  - troughs 15-20 ug/ml
  - No need to monitor peak levels
- Dose 15mg/kg 6 hourly (10mg/kg if renal impairment)
- Debate about continuous infusion
  - Clinical outcomes similar, but fewer SE, better drug levels
- Use alternatives esp if vanco MIC $\geq$ 2
  - Cotrimoxazole, linezolid, clindamycin

# Vancomycin and toxicity

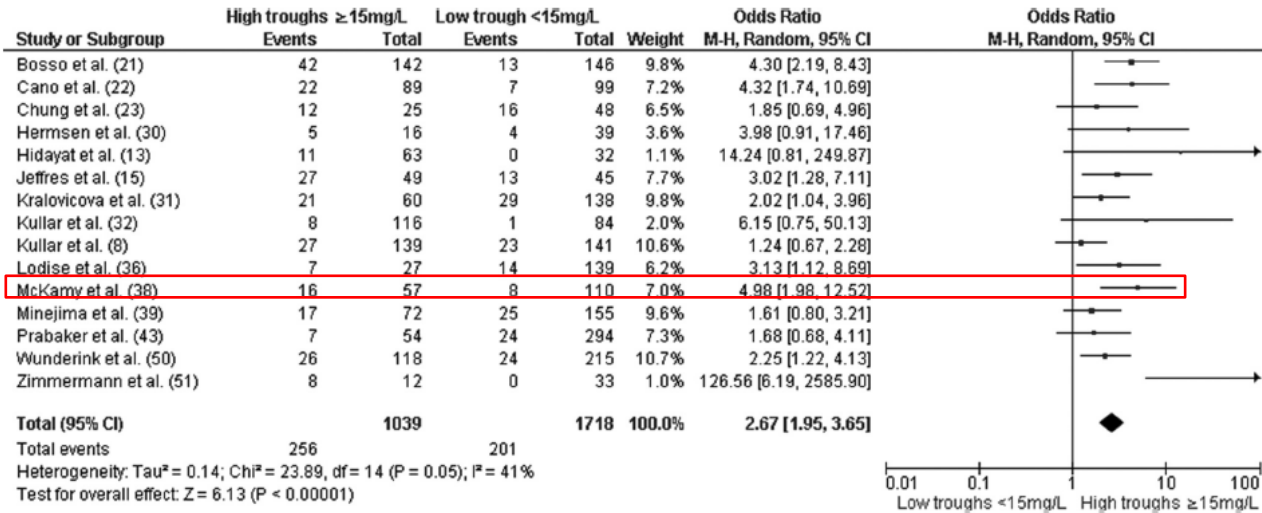


FIG 1 Forest plot (using Mantel-Haenszel [M-H] analysis) of events denoting nephrotoxicity associated with vancomycin, comparing rates for trough levels of  $\geq 15$  mg/dl and  $<15$  mg/dl. Squares indicate point estimates, and the size of the square indicates the weight of each study.

Effect of concomitant nephrotoxins

Higher in ICU patients

Generally reversible

Guidelines on how to adjust dosages lacking

Van Hal. Antimicrob Agents Chemother 2013; 57: 734

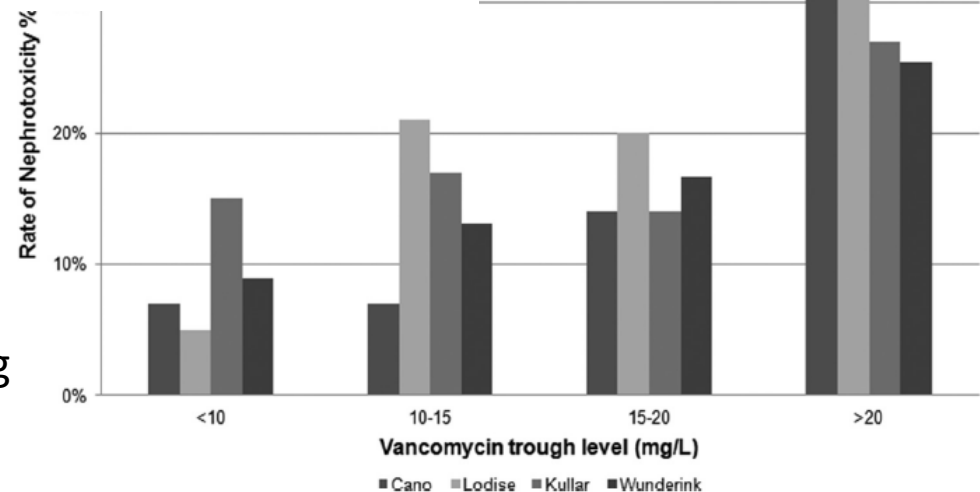
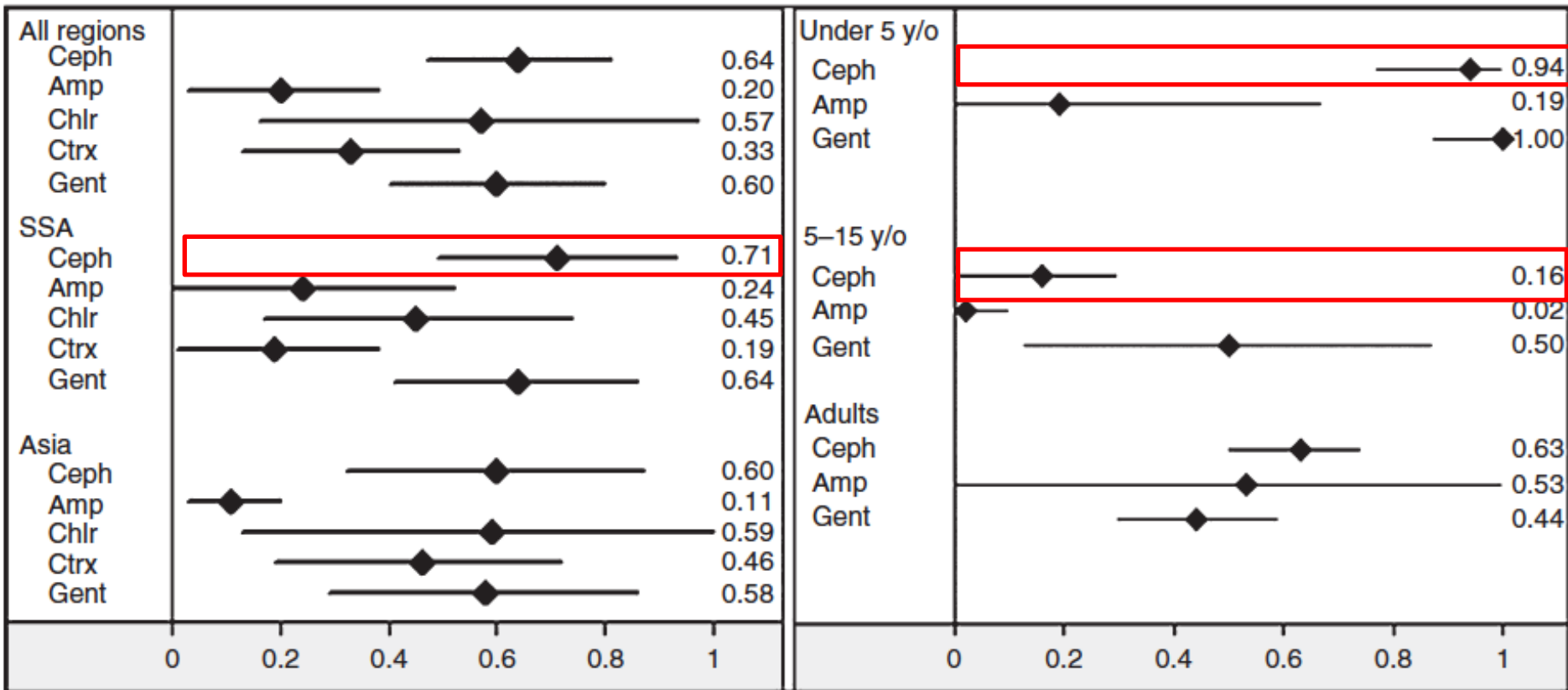


FIG 3 Incidence of vancomycin nephrotoxicity with rising trough levels (8, 22, 36, 50).

# If not vancomycin, then what?

- Daptomycin
  - SSI, R sided IE
  - NOT resp tract infection
- Linezolid
  - Possibly superior to vancomycin for HAP, VAP
  - Good oral bioavailability
  - Clinical cures in 75-93%
  - SE more common with prolonged therapy
- Don't forget clindamycin, cotrimoxazole, moxifloxacin
  - Probably better for minor infections, oral therapy
- **SOURCE CONTROL**

# Gram negative bacilli



**Figure 5** Proportion susceptible of *Klebsiella* spp. by region (left) and age group (right). Macr – macrolides; Ceph – **third** generation cephalosporins; Amp – aminopenicillins; Chlr – chloramphenicol; Ctrx – co-trimoxazole; Gent – gentamicin.

# Bacteraemia data

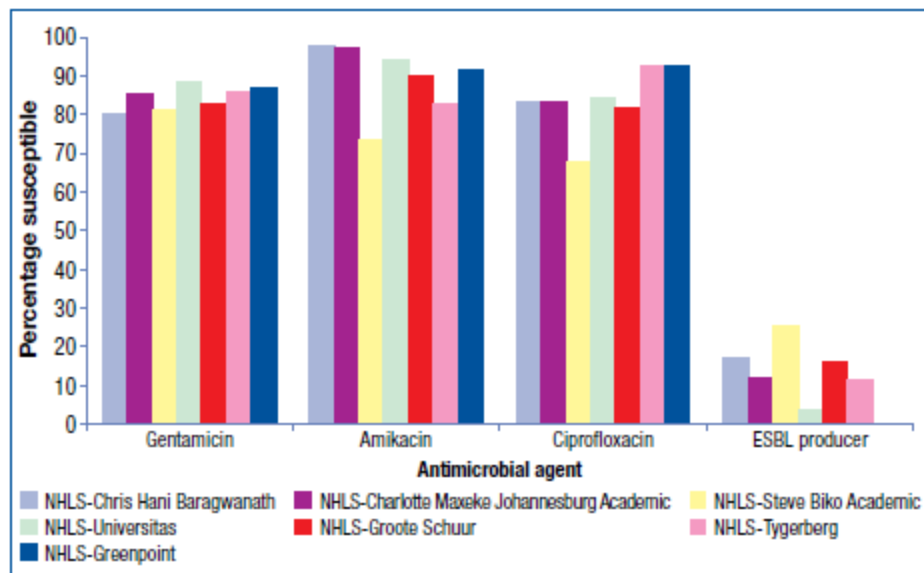


Figure 1: Susceptibility of *Escherichia coli* isolated from blood to selected antimicrobial agents at seven participating laboratories, South Africa, 2010

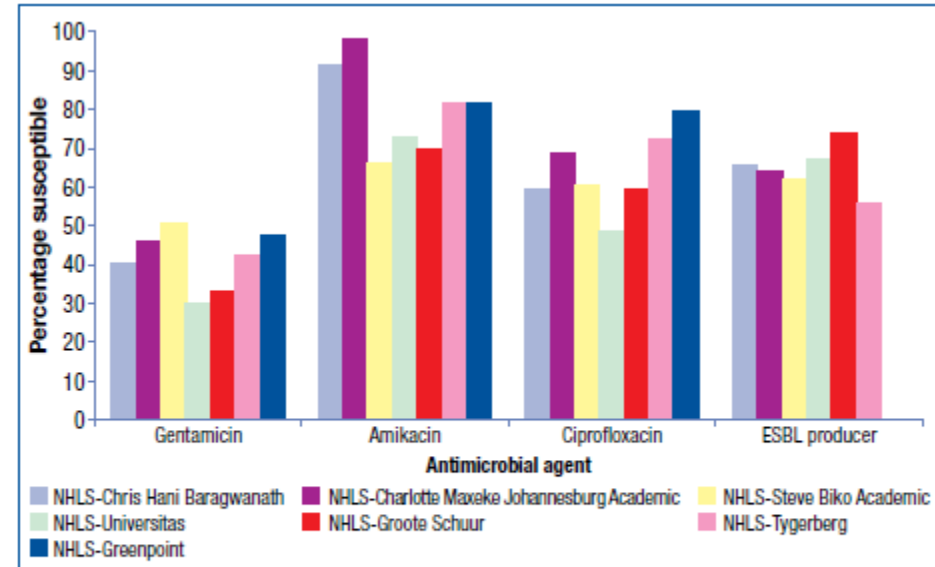
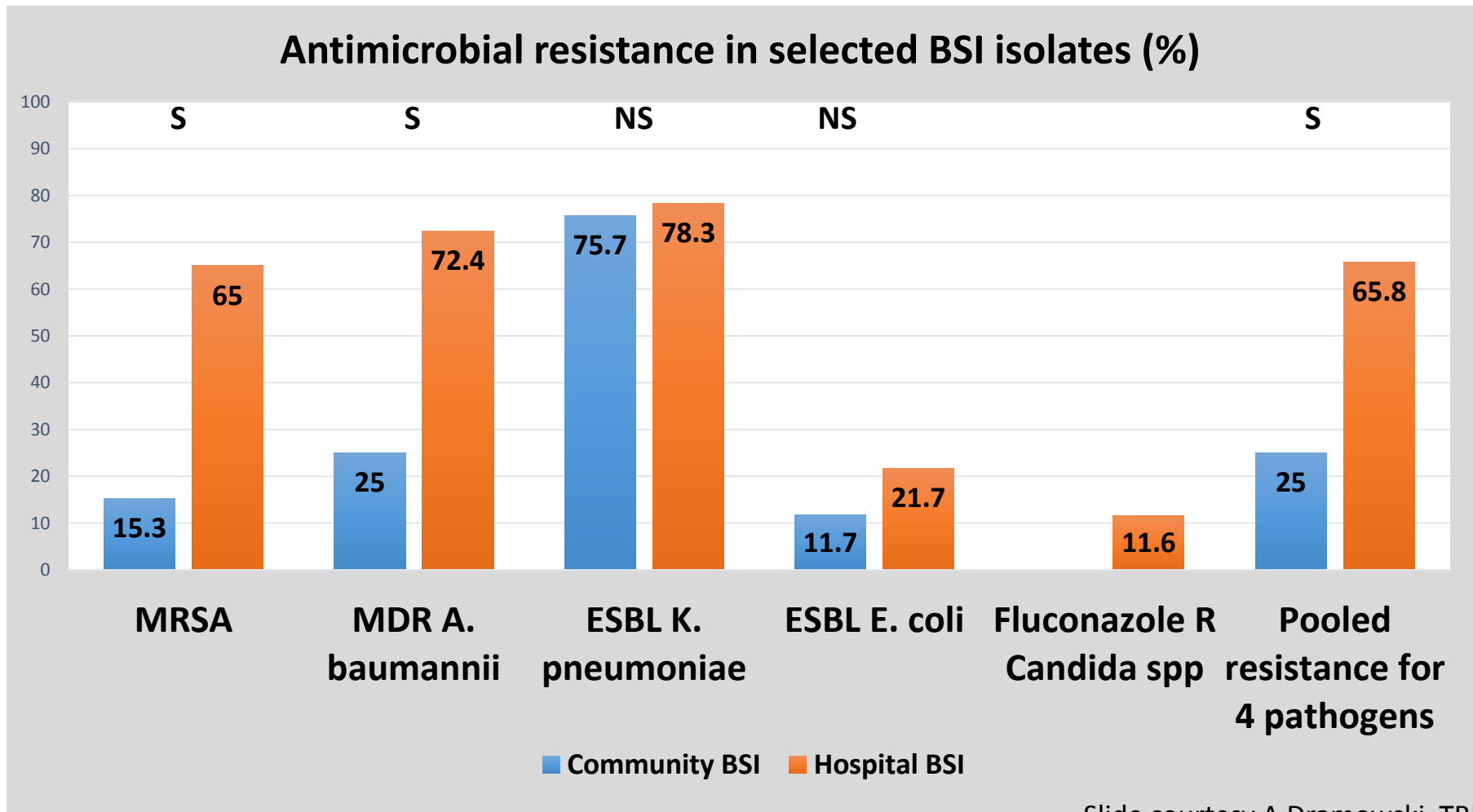


Figure 2: Susceptibility of *Klebsiella pneumoniae* isolated from blood to selected antimicrobial agents at seven participating laboratories, South Africa, 2010

All pos BCs in state sector, adults and children  
No differentiation between CA and HCA

# CA-ESBL

- Increasing concern in Europe, USA





# ESBL producing Enterobacteriaceae

- Carbapenems regarded as best option
  - Ertapenem narrower spectrum
  - Meropenem / imipenem in <3 month olds
  - Meropenem if CNS infection / CNS pathology
- Beta-lactamase inhibitor combinations
  - Poor quality data, very limited paediatric data
  - May be effective for UTIs

# Ertapenem

## Carbapenem stewardship: does ertapenem affect *Pseudomonas* susceptibility to other carbapenems? A review of the evidence

David P. Nicolau<sup>a,\*</sup>, Yehuda Carmeli<sup>b</sup>, Christopher W. Crank<sup>c</sup>, Debra A. Goff<sup>d</sup>, Christopher J. Graber<sup>e</sup>, Ana Lucia L. Lima<sup>f</sup>, Ellie J.C. Goldstein<sup>g,h</sup>

Setting	Study period (addition of ertapenem)	Ertapenem use (DDD)	Group 2 carbapenem use (DDD before/after <sup>a</sup> )	% carbapenem susceptible (pre versus post ertapenem introduction)
Single centre, ca. 300-bed tertiary centre/teaching hospital; USA [16] <sup>b</sup>	March 2004 to December 2008 (July 2005)	58.4/1000 PD	37.5 to 21.0/1000 PD	<i>Pseudomonas</i> , 62.2 vs. 70.4 (P= N/S) Enterobacteriaceae, 82.5 vs. 88.6 (P= N/S)
Single centre, 344-bed teaching hospital; USA [6] <sup>c</sup>	January 2002 to December 2005 (July 2003)	44/1000 PD (median)	30 to 25/1000 PD (median)	<i>Pseudomonas</i> , 69 vs. 88
Single centre, 770-bed teaching hospital; USA [7]	January 2002 to December 2007 (May 2003)	3.4 to 8.9/1000 PD	21.5 to 31.1/1000 PD	Enterobacteriaceae, no change
Single centre, 770-bed teaching hospital; USA [14]	January 2003 to December 2008 (May 2003)			<i>Pseudomonas</i> , 69 vs. 88
Retrospective, longitudinal hospital database study of nine medical wards (400 beds, 139 185 patient admissions, 504 ward months); Israel [15] <sup>d</sup>	2001 to 2005 (2001)	2130	4637	Enterobacteriaceae, no change
Single-centre study using pharmacy purchase records and microbiology reports; USA [13]	2000 to 2007 (2003)	1670 (2003 to 2007)	1650 to 2295	<i>Pseudomonas</i> , 3.8% annual increase in imipenem-resistant <i>Pseudomonas</i> (P= 0.001), associated only with group 2 carbapenem use (P= 0.0014)
Single centre, 200-bed tertiary care centre; Brazil [10,11]	March 2005 to March 2007 (March 2006)	42.6/1000 PD	46.3 to 16.1/1000 PD	<i>Pseudomonas</i> , 73.2 vs. 71.9 (P= N/S) (imipenem); 76.6 vs. 71.9 (P= 0.0001) (meropenem)
Single centre, 200-bed, tertiary care centre; Brazil [12]	April 2006 to March 2008 (2006)	31.5/1000 PD	61.1 to 48.7 DDD/1000 PD	<i>Pseudomonas</i> , 20 to 0 (P= N/S)
Multicentre (25 community and teaching hospitals), retrospective, data analysis; USA [8,9]	January 2000 to December 2008	7.3 to 15.9 <sup>e</sup>	10.4 to 15.3 <sup>e</sup>	<i>Pseudomonas</i> , <i>Acinetobacter</i> , Enterobacteriaceae, no change
				<i>Pseudomonas</i> , 85.4 to 81.0 (P= N/S)

# What else...

- Aminoglycosides
  - Mainly for UTI
- Quinolones, co-trimoxazole
  - Good options for de-escalation if isolate susceptible
- Fosfomycin
  - High urine concs after single dose
  - Poor serum / renal parenchyma levels – only for cystitis
  - IV form not available in SA (yet...)

# Bacteraemia data

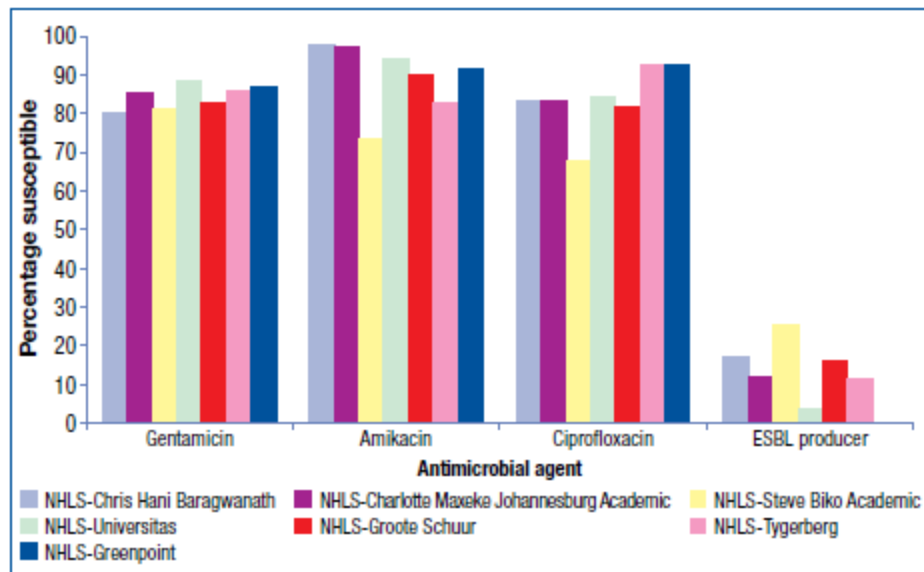


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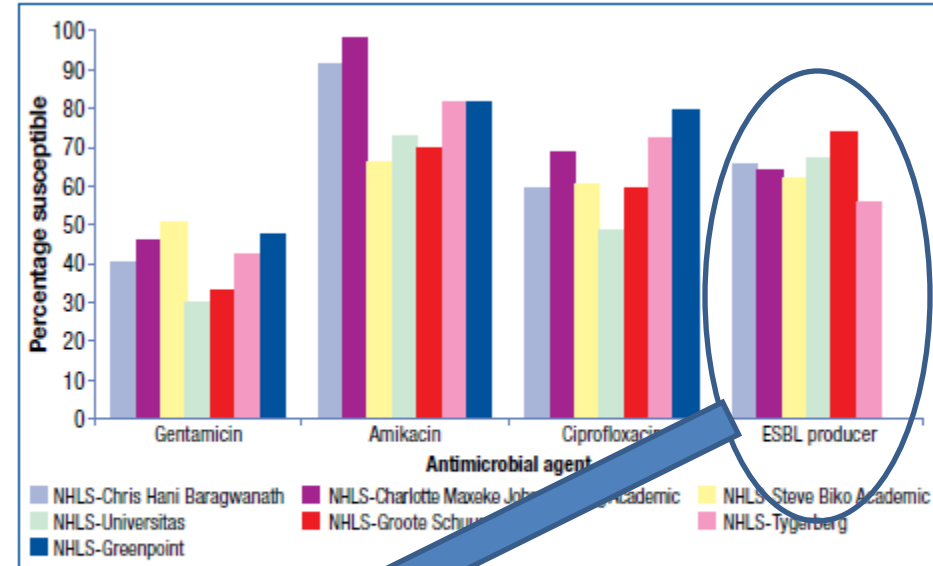


Figure 2: Susceptibility of *Klebsiella pneumoniae* isolated from blood to selected antimicrobial agents at seven participating laboratories, South Africa, 2010

Carbapenems

# Carbapenem resistance – beyond Acinetobacter and Pseudomonas

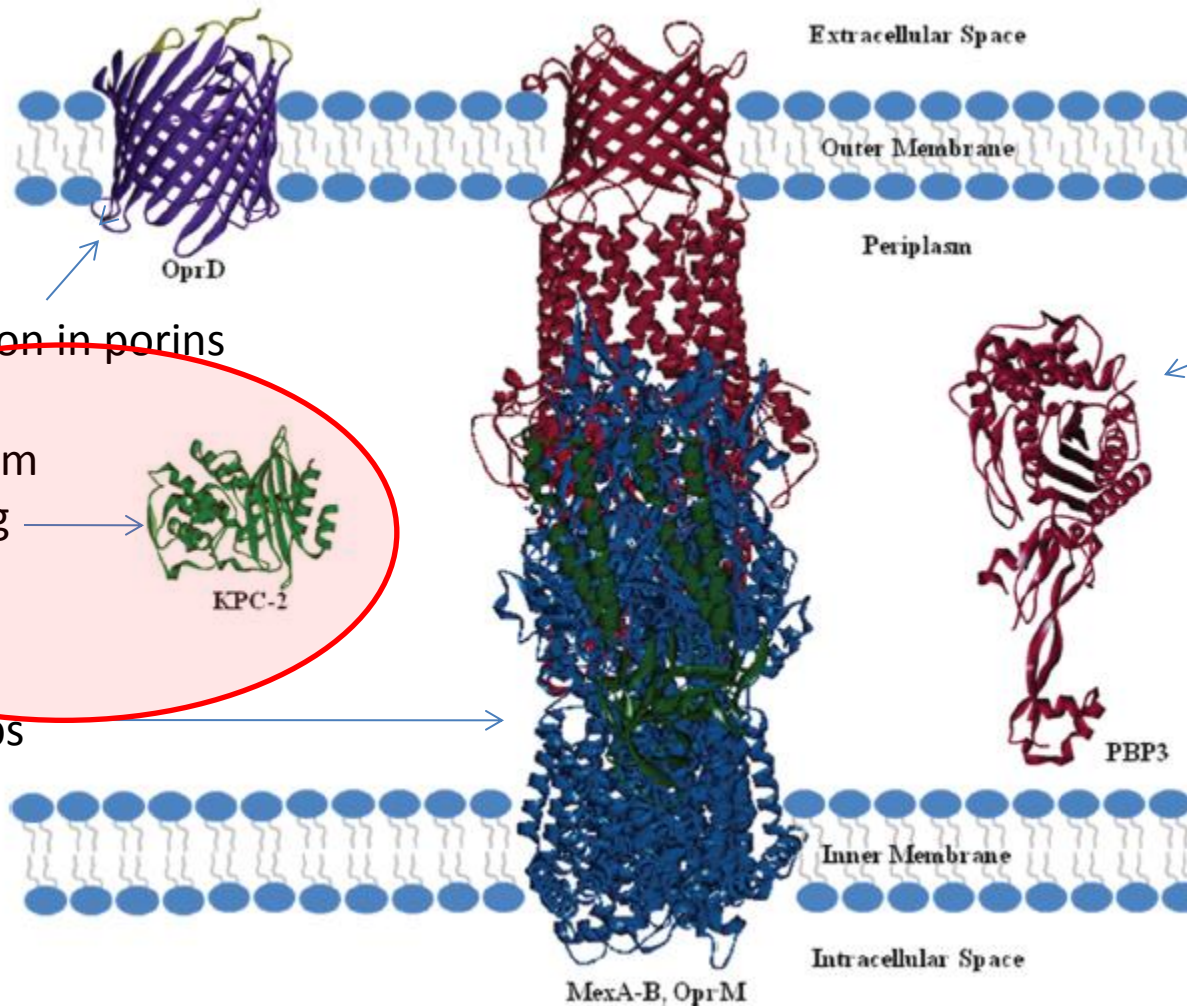
<b>Klebsiella pneumoniae</b>	<b>2007 (n=1778)</b>	<b>2010 (n=1914)</b>
<b>ESBL producers – resistant to all cephalosporins</b>	49%	65%
<b>Gentamicin resistance</b>	50%	43%
<b>Fluoroquinolone resistance</b>	28%	37%
<b>Carbapenem resistance (ertapenem)</b>	Not reported	2%

Data from:

Bamford. South Afr J Epidemiol Infect 2009; 24: 28-30

Bamford. South Afr J Epidemiol Infect 2011; 26 (Part II): 243-250

# Carbapenem resistance

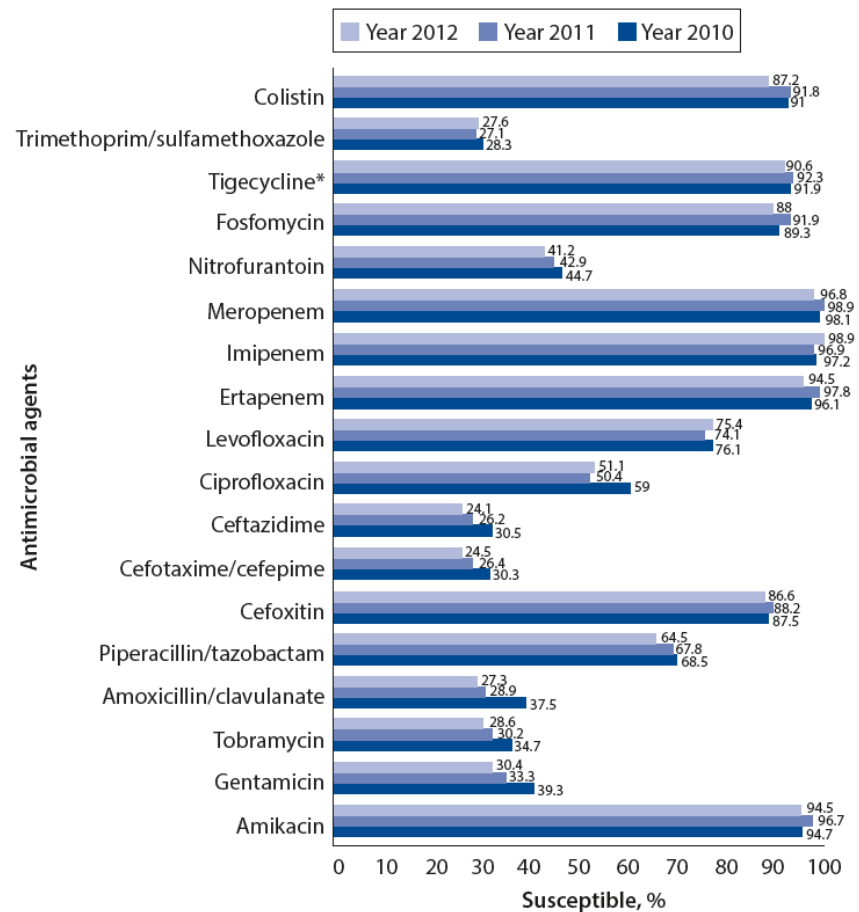


# National sentinel site surveillance for antimicrobial resistance in *Klebsiella pneumoniae* isolates in South Africa, 2010 - 2012

**Table 2. Provinces of submission of *K. pneumoniae* isolates 2010 - 2012 and proportion of isolates found to be ESBL-positive or to have reduced susceptibility to carbapenems**

Province	Isolates submitted 2010 - 2012, N	ESBL-positive isolates 2010 - 2012, n (%)	Reduced carbapenem susceptibility, n (%)
Gauteng	1 737	1 207 (69.5)	75 (4.3)
Western Cape	620	414 (66.8)	25 (4.0)
KwaZulu-Natal	268	203 (75.7)	15 (5.6)
Free State	134	59 (44.0)	7 (5.2)
Limpopo	15	12 (80.0)	2 (13.3)
Totals	2 774	1 895 (68.3)	124 (4.5)

ESBL = extended-spectrum beta-lactamase.



# Clinical Significance

- Not always easy to detect by susceptibility testing – awareness!
- If present, often limited therapeutic options
  - ?combination therapy / alternative agents
    - Imipenem plus colistin
    - Aztreonam (not hydrolysed by most MBLs)
    - Tigecycline (but *P. aeruginosa* resistant)
    - Fosfomycin – no IV form locally
    - Carbapenem plus colistin plus tigecycline



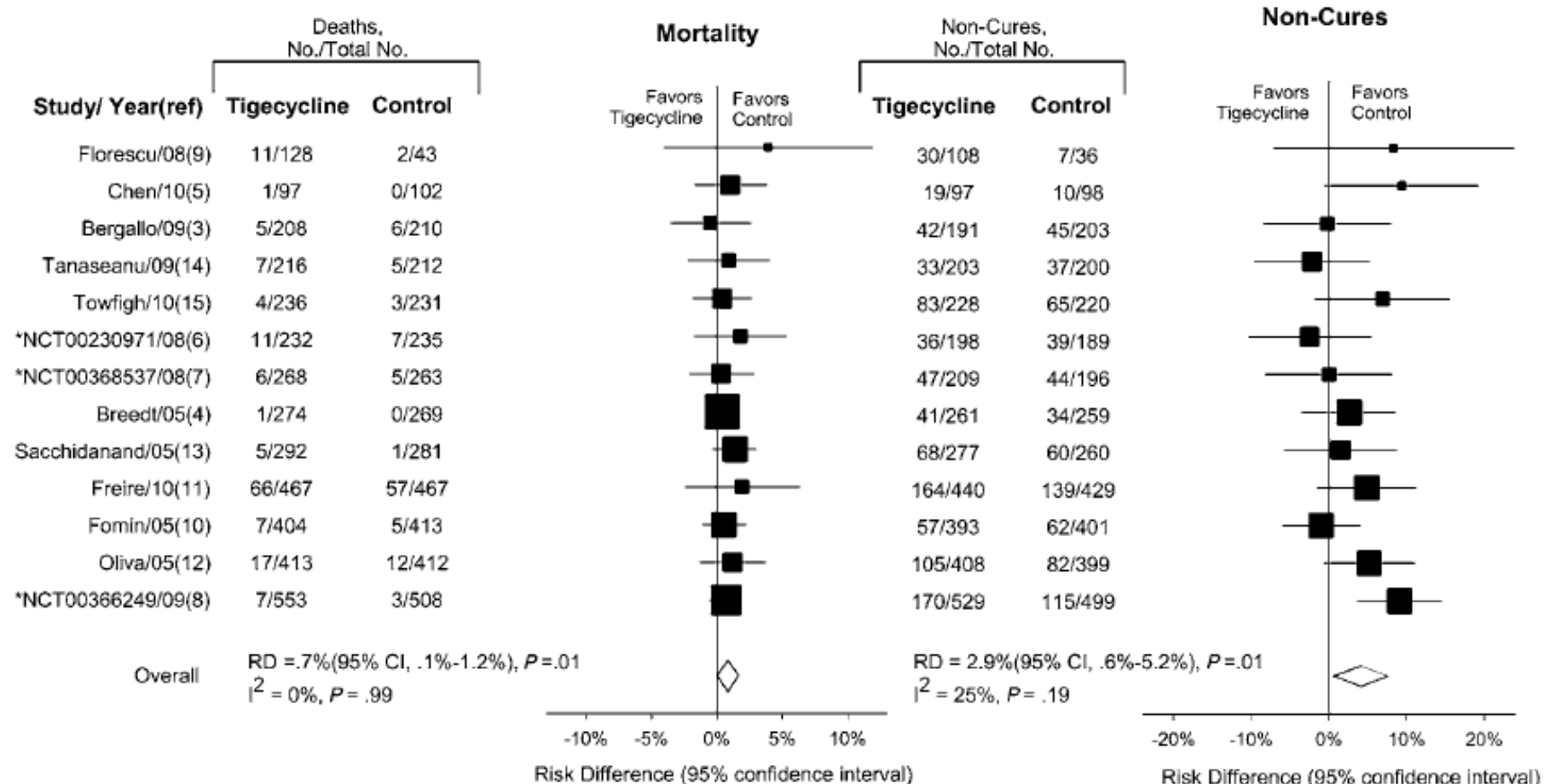
# Tigecycline

- Glycylcycline, related to tetracyclines
- Broad spectrum Gram pos and Gram neg cover
  - Not active against Pseudomonas
  - Tetracycline derivative – not registered for <8yr olds
- Response rates
  - 68%-84% (VAP - adults)
  - 75-90% (cSSSI, cIAI, CAP – children 8-11)
- Emergence of resistance on therapy
  - Large volume of distribution, low serum levels
  - Concern about treating bacteraemia
- Dose in children ?(1,2mg/kg bd suggested)

# Excess Deaths Associated With Tigecycline After Approval Based on Noninferiority Trials

Paritosh Prasad, Junfeng Sun, Robert L. Danner, and Charles Natanson

Clinical Infectious Diseases 2012;54(12):1699–709



# Colistin - Efficacy

- Review of 5 retrospective case series
  - Clinical response 25-61% (>50% in 4/5 studies)
  - One study compared to imipenem – both 57%
  - Superinfection with colistin resistant organisms uncommon (3 pts)
  - Clinical response in extrapulmonary infection seems better (72-75%)
    - ?poor lung penetration

# Colistin dosing

- Peak:MIC and AUC:MIC important predictors
- More is probably better
- Loading dose recommended
- Twice vs thrice daily?

High-Dose, Extended-Interval Colistin Administration in Critically Ill Patients: Is This the Right Dosing Strategy? A Preliminary Study

Lidia Dalfino,<sup>1</sup> Filomena Puntillo,<sup>1</sup> Adriana Mosca,<sup>2</sup> Rosa Monno,<sup>2</sup> Maria Luigia Spada,<sup>1</sup> Sara Coppolecchia,<sup>1</sup> Giuseppe Miragliotta,<sup>2</sup> Francesco Bruno,<sup>1</sup> and Nicola Brienza<sup>1</sup>

Clinical Infectious Diseases 2012;54(12):1720–6

# Colistin dosing

Number	Dose	Outcome	Ref
29 children / 38 courses	5mg/kg/day 75 000U/kg/day	79% good outcome	Korbuz, PIDJ, 2014
31 patients / 41 courses	5mg/kg/day	68,3% good outcome	Konti, Annals Clin Micro and Antimicrob, 2013
27 children / 30 courses	5-8mg/kg/day	53,3% improved	Dimitriades, Arch Dis Child, 2014
50 patients	50 – 75 000 U/kg/day	72% good outcome	Kapour, Ped Crit Care Med, 2013
79 children / 87 courses	5,4mg/kg/day	83,9% good outcome	Paksu, Int J Antimicrob Agents, 2012

Survey of clinicians

No loading dose used

Commonest dose 2,5mg/kg/BD

84% used additional antibiotics

# Colistin dosing

- Loading dose recommended in adults
  - 9mU loading (up to 12mU...)
  - 4,5 mU BD
- Limited data in children
  - 75 - 85 000 U/kg/dose BD (2.5mg base/kg/dose)
  - Loading dose suggested 160-170 000 U/kg (5mg base/kg)
    - No evidence!

# Fosfomycin

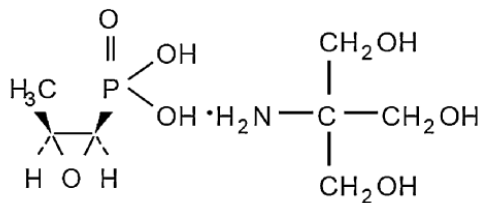
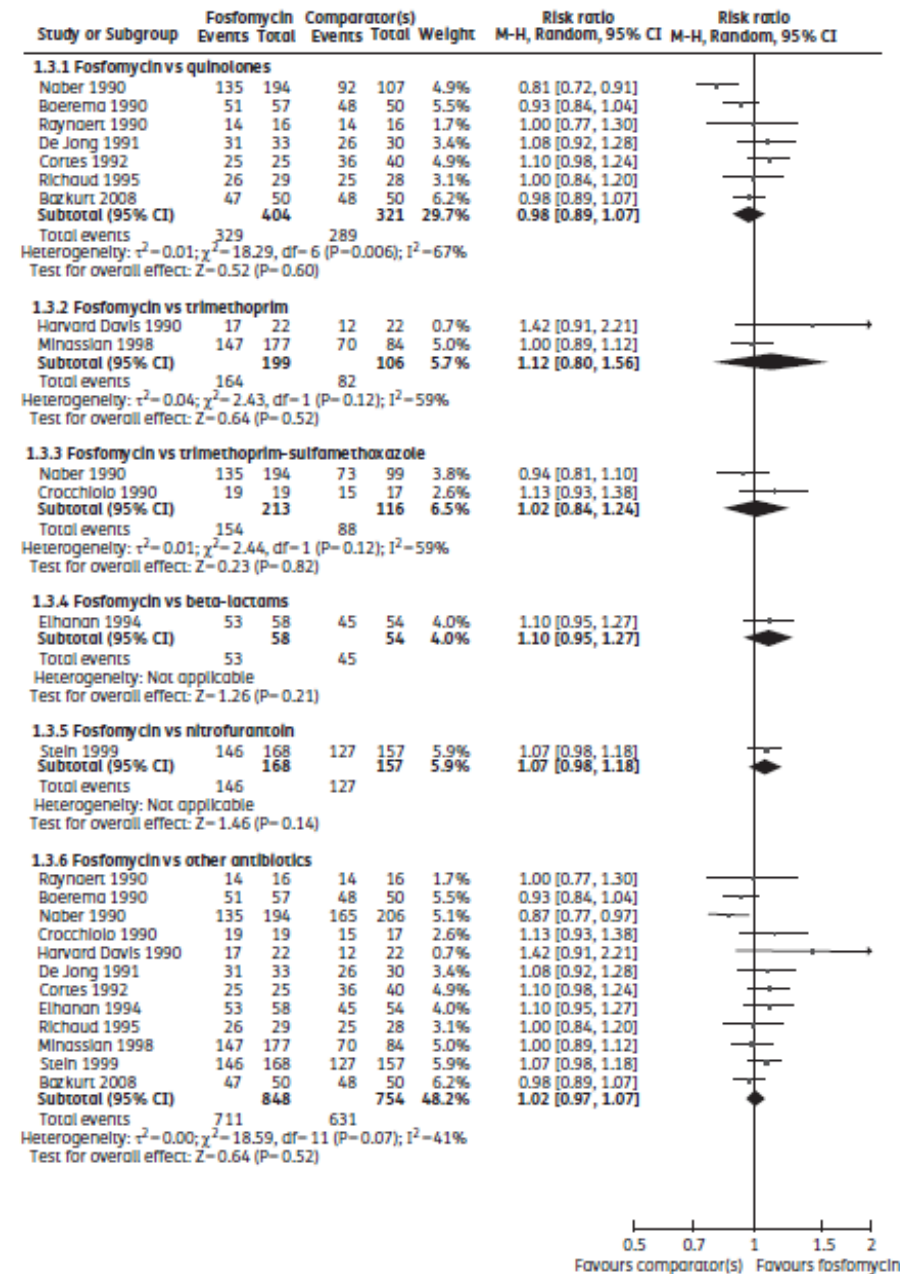


Figure 1. Chemical structure of fosfomycin.

- Inhibits cell wall synthesis
- Broad spectrum
  - >95% *E. coli* susceptible
  - Less so for other GNB
- Clinical success / cure in >90% patients with ESBL *E. coli* UTI
- Dose in children >5yrs – 2g stat



Favours comparator(s) Favours fosfomycin

# Fosfomycin

- IV form potential option for serious infections
- Good in vitro activity against MDR GNB (incl *Pseudomonas*)
  - Best lab testing methodology still unclear
  - *Acinetobacter* – resistance is common
- Limited published experience using IV; even less in children...
- Possibly needs to be used in combination

Michalopoulos. Clin Micro Infect 2010; 16: 184

Pontikis. Int J Antimicrob Agents 2014; 43: 52

Perdigao-Neto. Antimicrob Agents Chemother 2014 (epub)



# IV Fosfomycin in children

- Appears safe
- Limited efficacy studies
- Dosing in children unclear

	1-12y	1-12 mo	Preterm, neonates 0-1mo
Austria	4-8g; 2-3x daily	100-200mg/kg/d (max 400); 2-3x daily	100-200mg/kg/d (max 400); 2-3x daily
Germany	100-200mg/kg/d (max 300); 3x daily	200-250mg/kg/d, 3x daily	100mg/kg/d 2x daily
Spain	200-400mg/kg/d, 2-3x daily		
France	100-200mg/kg/d		

**Table III.** T>MIC32 values for different fosfomycin dosing regimens

Age group	T>MIC32 value (%)									
	50 mg bid	100 mg bid	200 mg bid	50 mg tid	70 mg tid	100 mg tid	25 mg qid	50 mg qid	70 mg qid	100 mg qid
Children aged 3–12 y <sup>[31]</sup>	20	30	40	30	37	45	20	40	50	61
Children aged 5–6 y <sup>[32]</sup>	24	39	54	38	49	60	29	53	67	82
Full-term and pre-term neonates <sup>[32]a</sup>	41	67	87	69	85	105	54	102	124	146
Pre-term neonates aged 1–3 d <sup>[33]</sup>	100	159	219	181	224	271	156	276	334	396
Pre-term neonates aged 20–34 d <sup>[33]</sup>	60	101	142	107	137	169	80	163	203	245

a Merged into a single study group.

**bid** = twice daily; **qid** = four times daily; **tid** = three times daily; **T>MIC32** = time above a minimum inhibitory concentration of 32 mg/L.

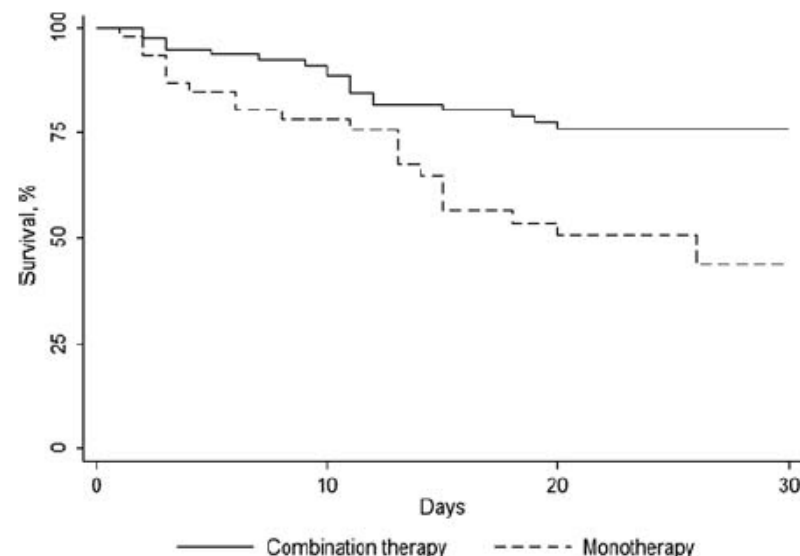
- T>MIC important parameter
- Suggest higher dose of 100mg/kg/dose 6 hourly (ie total 400mg/kg/day)
  - Need clinical and safety data to back this up...

# Role of carbapenems

**Table 4. Outcomes of the 36 Bloodstream Infections Treated With Combination Therapy Including Meropenem Stratified by Meropenem Minimum Inhibitory Concentration**

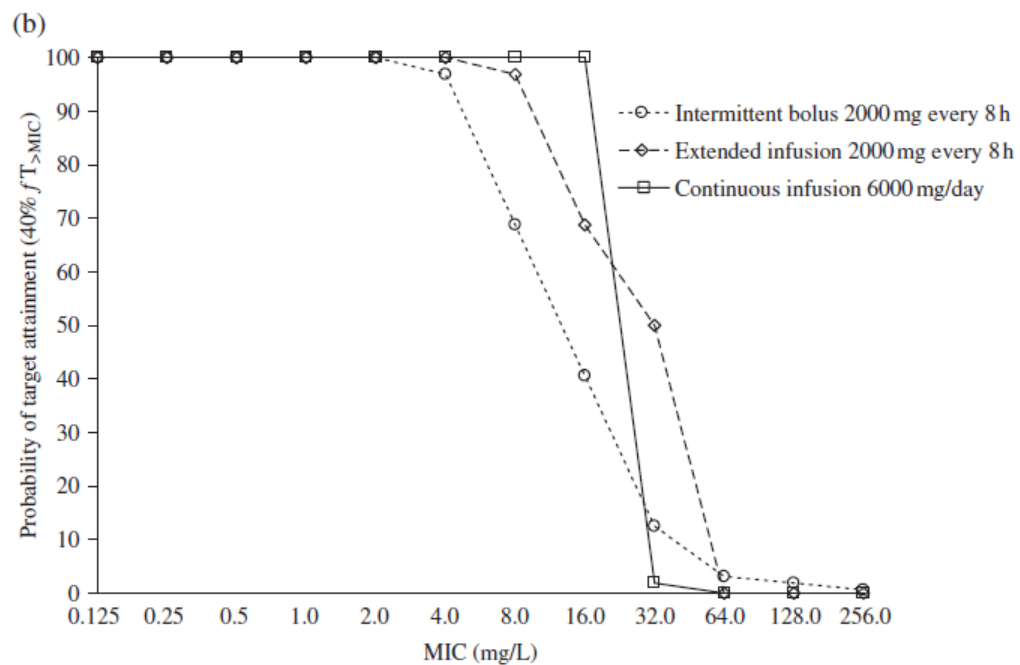
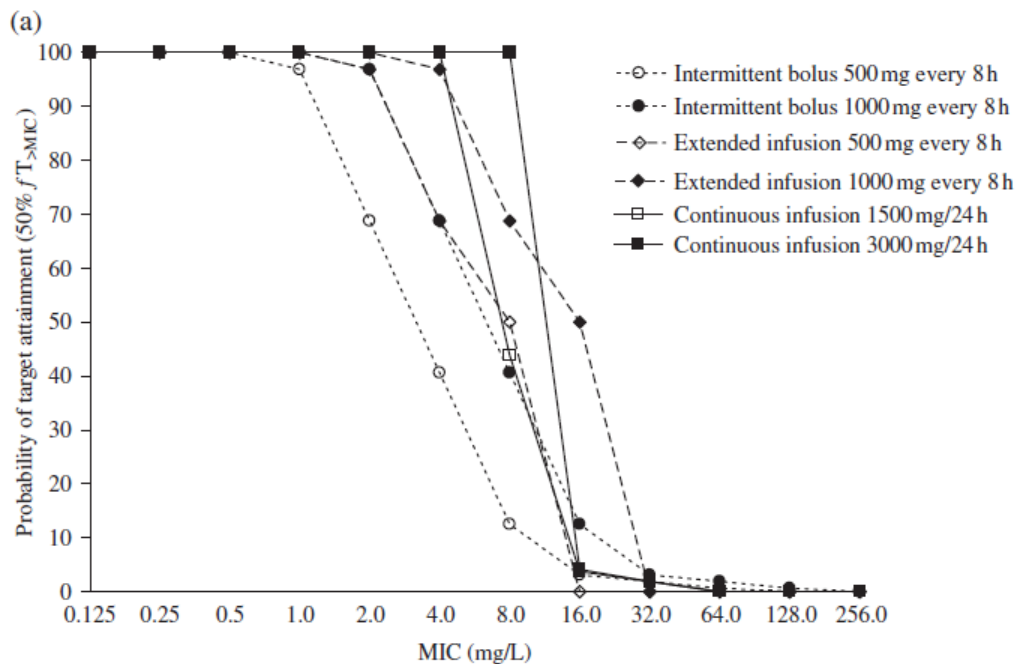
Meropenem MIC (mg/L)	Total	No. (%)	
		Nonsurvivors	Survivors
1	1	0	1 (100)
2	4	0	4 (100)
4	10	2 (20)	8 (80)
8	4	1 (25)	3 (75)
≥16	17	6 (35.2)	11 (64.7)
Total	36	9 (25)	27 (75)

Abbreviation: MIC, minimum inhibitory concentration.



**Figure 2.** Kaplan-Meier curves showing the impact of combination therapy (solid line) versus monotherapy (dotted line) on 30-day mortality of patients with *Klebsiella pneumoniae* carbapenemase-producing *K. pneumoniae* isolate bloodstream infections ( $P = .002$ ).

Therapy with tigecycline + meropenem + colistin :  
Mortality OR 0.11 (0.02-0.69)



# So what do I do with my carbapenem resistant *Klebsiella*?

- Look at available MICs
  - Current criteria may not be best predictors of outcome
  - Combination therapy
  - Which combination???
  - Probably include a carbapenem unless MICs very high (>16ug/mL)
  - Carbapenem plus colistin plus tigecycline
  - Optimise dosing of carbapenem – extended infusion

# Mortality

	Carbapenemase producing Klebsiella	Carbapenem resistant Klebsiella
Tigecyclin - colistin	0-30%	25 & 31%
Tigecycline - gentamicin	0-50%	
Carbapenem - colistin	0-67%	
Colistin - gentamicin	40-61%	
Carbapenem	9-50%	50%
Tigecycline	0-53%	73%
Colistin	33-57%	50%

Numerous other combinations (fosfomycin, carbapenem, FQ, tigecycline, colistin, amikacin, piptazobactam, gentamicin, linezolid, vancomycin, doxycycline)

# Infections – Acinetobacter...

**Table 2.** Sources of bloodstream infection (BSI) caused by either *Acinetobacter baumannii*, *Acinetobacter* species other than *A. baumannii*, or other gram-negative pathogens.

Source of entry	No. (%) of patients with BSI caused by				<i>P</i>	OR	95% CI
	<i>Acinetobacter</i>			Other gram-negative pathogens ( <i>n</i> = 2952) <sup>a</sup>			
	All ( <i>n</i> = 129)	<i>A. non-baumannii</i> ( <i>n</i> = 18)	<i>A. baumannii</i> ( <i>n</i> = 111)				
Intravenous device	26 (20.2)	2 (11.1)	24 (21.6)	470 (15.9)	NS	—	—
Respiratory tract	21 (16.3)	1 (5.6)	20 (18.0)	324 (11.0)	NS	—	—
Urinary tract	2 (1.6)	—	2 (1.8)	462 (15.6)	.0001	10.1	2.5–31.5
Gastrointestinal tract	3 (2.3)	1 (5.6)	2 (1.8)	190 (6.4)	NS	—	—
Wound infection	7 (5.4)	2 (11.1)	5 (4.5)	152 (5.2)	NS	—	—
Other	6 (4.6)	2 (11.1)	4 (3.6)	114 (3.9)	NS	—	—
Unknown	64 (49.6)	10 (55.6)	54 (48.6)	240 (42.0)	NS	—	—

Wisplinghoff. CID 2000; 31: 90

4 year study, multicentre, US, adult and paed

# and Pseudomonas

**Table 3**  
**Primary diagnoses of bacteremic *P. aeruginosa* infections.**

Primary diagnosis (n = 249)	Total number (% <sup>a</sup> )	Nosocomial	Healthcare-associated	Community-acquired
Primary bacteremia	52 (20.8)	26	17	9
Skin and soft tissue <sup>a</sup>	21 (8.4)	10	7	4
Respiratory	81 (32.5)	48	22	11
Endovascular	8 (3.2)	3	5	0
Intrabdominal/pelvic	19 (7.6)	10	4	5
Urinary	50 (20.1)	19	23	8
Hepatobiliary	14 (5.6)	5	4	5
Other <sup>b</sup>	4 (1.6)	3	1	0

<sup>a</sup> Including three episodes secondary to burn infections; <sup>b</sup> others include one bone and joint infection, two CNS infections, one transfusion-associated infection

6 years, multicentre, Canada,, adult and paed



# Outcome

- Very variable
  - Colonisation vs infection
  - Different control groups and definitions
  - *A. baumannii* complex vs *A. baumannii*
  - Affected by start of appropriate therapy
- Review of case-control / cohort studies
  - Attributable Mort in hosp – 8-23%
  - Attributable Mort in ICU - 10-43%
  - Longer LOS in infected / colonised

# Outcome

**Table 1. Incidence rates and distribution of pathogens most commonly isolated from monomicrobial nosocomial bloodstream infections (BSIs) and associated crude mortality rates for all patients, patients in intensive care units (ICU), and patients in non-ICU wards.**

Pathogen	BSIs per 10,000 admissions	Percentage of BSIs (rank)			Crude mortality, %		
		Total (n = 20,978)	ICU (n = 10,515)	Non-ICU ward (n = 10,442)	Total	ICU	Non-ICU ward
CoNS	15.8	31.3 (1)	35.9 (1) <sup>a</sup>	26.6 (1)	20.7	25.7	13.8
<i>Staphylococcus aureus</i> <sup>b</sup>	10.3	20.2 (2)	16.8 (2) <sup>a</sup>	23.7 (2)	25.4	34.4	18.9
<i>Enterococcus</i> species <sup>c</sup>	4.8	9.4 (3)	9.8 (4)	9.0 (3)	33.9	43.0	24.0
<i>Candida</i> species <sup>c</sup>	4.6	9.0 (4)	10.1 (3)	7.9 (4)	39.2	47.1	29.0
<i>Escherichia coli</i>	2.8	5.6 (5)	3.7 (8) <sup>a</sup>	7.6 (5)	22.4	33.9	16.9
<i>Klebsiella</i> species	2.4	4.8 (6)	4.0 (7) <sup>a</sup>	5.5 (6)	27.6	37.4	20.3
<i>Pseudomonas aeruginosa</i>	2.1	4.3 (7)	4.7 (5)	3.8 (7)	38.7	47.9	27.6
<i>Enterobacter</i> species	1.9	3.9 (8)	4.7 (6) <sup>a</sup>	3.1 (8)	26.7	32.5	18.0
<i>Serratia</i> species <sup>b</sup>	0.9	1.7 (9)	2.1 (9) <sup>a</sup>	1.3 (10)	27.4	33.9	17.1
<i>Acinetobacter baumannii</i>	0.6	1.3 (10)	1.6 (10) <sup>a</sup>	0.9 (11)	34.0	43.4	16.3

# Treatment

- Colistin
- Tigecycline (not for *P. aeruginosa*)
- Combination therapy

# Tigecycline

**Table 3** Summary of treatments and outcomes among patients with MDRAB in the TG and non-TG treatment groups

	Total ( <i>n</i> =386)	Group		<i>p</i> -Value <sup>a</sup>
		Non-TG ( <i>n</i> =120)	TG ( <i>n</i> =266)	
Treatment				
Duration of antibiotic use <sup>b</sup> (days)	10.0 (7.0, 14.0)	12.0 (9.0, 18.5)	8.0 (6.0, 13.0)	< <b>0.001</b>
Switch to other antibiotics <sup>c</sup>	178 (46.1 %)	35 (29.2 %)	143 (53.8 %)	< <b>0.001</b>
Death				
No <sup>c</sup>	211 (54.7 %)	64 (53.3 %)	147 (55.3 %)	0.930
Death related to MDRAB infection <sup>c</sup>	142 (36.8 %)	46 (38.3 %)	96 (36.1 %)	
Death not related to MDRAB infection <sup>c</sup>	33 (8.5 %)	10 (8.3 %)	23 (8.6 %)	
Length of hospital stay <sup>b</sup> (days)	40.0 (26.0, 62.0)	37.5 (25.5, 62.0)	43.0 (26.0, 62.0)	0.526
Length of ICU stay <sup>b</sup> (days)	21.0 (10.0, 41.0)	23.5 (10.0, 46.0)	20.0 (10.0, 40.0)	0.338
Microbiological and clinical outcomes				
Microbiological eradication <sup>c</sup>	17 (4.4 %)	14 (11.7 %)	3 (1.1 %)	< <b>0.001</b>
Favorable (cure or improvement) <sup>c</sup>	244 (63.2 %)	60 (50.0 %)	184 (69.2 %)	< <b>0.001</b>
Unfavorable (stationary or deterioration) <sup>c</sup>	142 (36.8 %)	60 (50.0 %)	82 (30.8 %)	

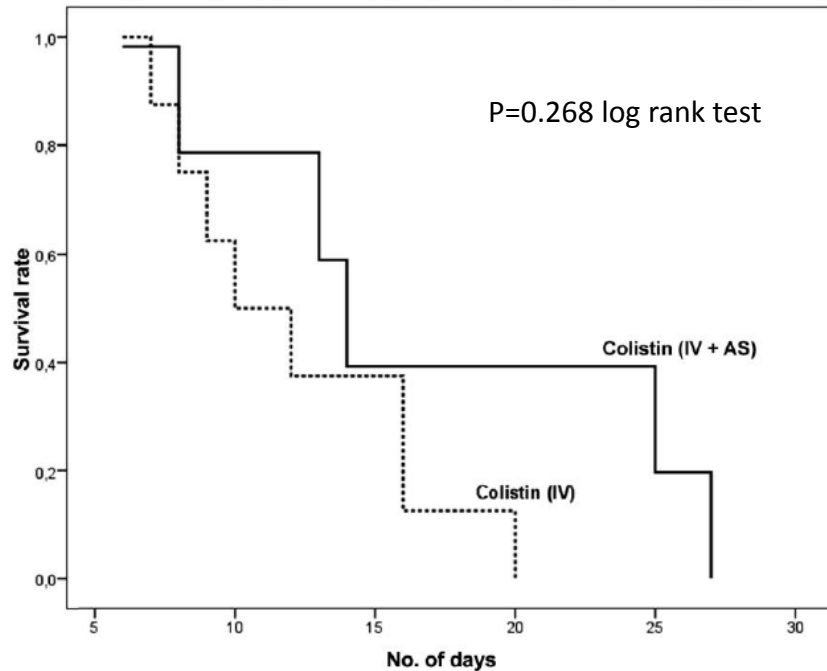
Retrospective study, 386 patients (adults)

MDR *A. baumannii*

Non TG – all imipenem and sulbactam

TG – alone or combination

# Nebulised colistin



Ventilator-associated pneumonia-related mortality in the 2 treatment groups. AS, aerosolized; IV, intravenous.

- Retrospective case control study
- 43 pts each arm
- Not only *A. baumannii*
- All cause mortality – also no difference

Kofteridis. CID 2010; 51: 1238

- 12/15 VAP patients on colistin only died
- 1/8 VAP patients on colistin plus neb colistin died

**Table 3 Summary of available studies on colistin administered by inhalation versus administered parenterally**

Study name	Route of administration	% of success
Falagas [15]	inhalation	80% (4 of 5)
Michalopoulos [16]	inhalation + parenteral parenteral	88% (7 of 8) 67% (30 of 45)
Hamer [17]	inhalation + parenteral beta-lactam therapy	100% (3 of 3)
Pereira [18]	inhalation after failing parenteral therapy	93% (13 of 14)
Korbila [19]	inhalation + parenteral parenteral	80% (62 of 78) 61% (26 of 43)
Michalopoulos [20]	inhalation + parenteral (57 of 60 patients) inhalation (3 patients)	83% (50 of 60)

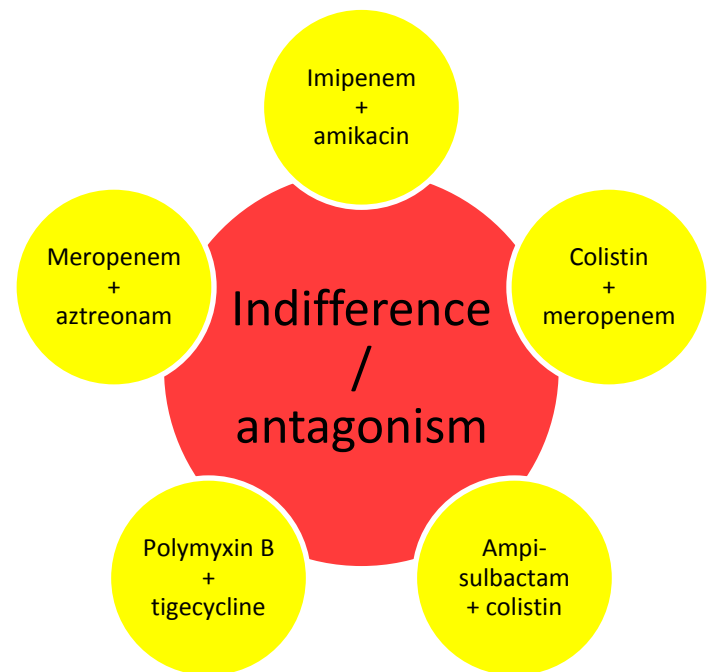
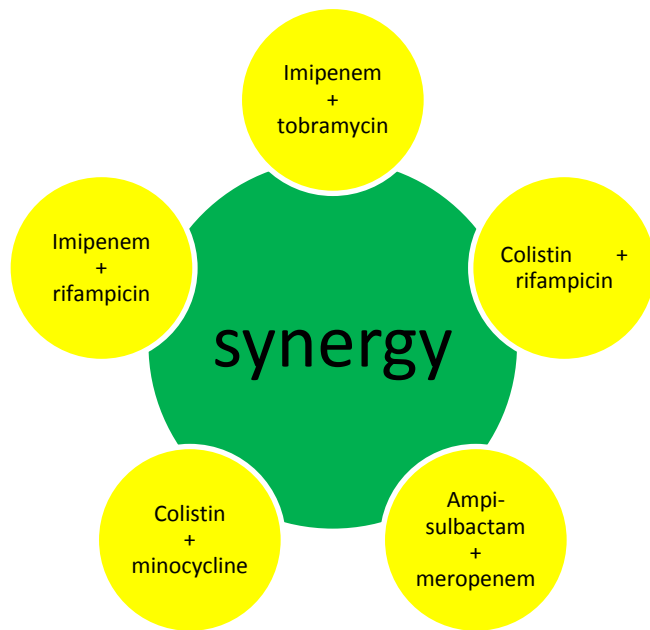
Naesens, BMC Infec Dis. 2012; 11:317

- Nebulised colistin may eradicate carriage
- Need more data - ?infection control implications

Kuo, Clin Micro and Infect. 2012; 18:870

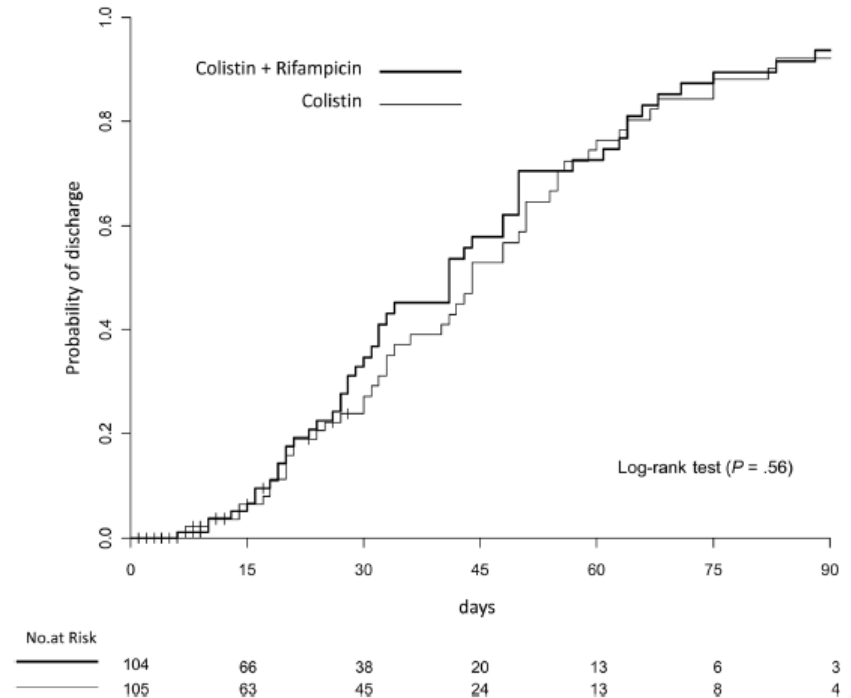
# Combination therapy

- Every possible combination seems to have been tried for *Acinetobacter*
- Colistin / rifampicin seems most popular



# Combination therapy - clinical

Outcome	Colistin + Rifampicin Arm (n = 104)	Colistin Arm (n = 105)	P Value
<b>Primary outcome</b>			
30-d mortality			
Yes	45 (43.3%)	45 (42.9%)	.95 <sup>a</sup>
No	59 (56.7%)	60 (57.1%)	
<b>Secondary outcomes</b>			
Infection-related death at 30 d			
Yes	22 (21.15%)	28 (26.6%)	.29 <sup>a</sup>
No	23 (22.1%)	17 (16.2%)	
<i>Acinetobacter baumannii</i> eradication			
Yes	63 (60.6%)	47 (44.8%)	.034 <sup>a</sup>
No	38 (36.5%)	54 (51.4%)	
Median hospitalization length, d (IQR)	41 (26–61)	44 (27–59)	.96 <sup>b</sup>
Development of colistin resistance, %	0	0	. . .



**Figure 3.** Probability of discharge from hospital by treatment arm (Kaplan-Meier curve).



# Combination therapy - clinical

Available clinical evidence doesn't seem to show an advantage of combination therapy for *Acinetobacter*

Fishbain. CID 2010; 51: 79

Garnaco-Montero. Cur Opin Infect Dis 2010; 23: 332

Karageorgopoulos. Lancet Inf Dis 2008; 8: 751

Towner. J Hosp Infec 2009; 73:355

Petrosillo. Clin Micro Infec 2008; 14: 816

**Table 2**  
Outcome of infection due to different pathogens, according to the specific therapeutic regimen received.

Pathogen	Infection outcome	Regimen					
		COL monotherapy <sup>a</sup>	COL + MER <sup>b</sup>	COL + PIP/TAZ	COL + SAM	COL + other agents <sup>c</sup>	All regimens
<i>Acinetobacter baumannii</i>	Cure [n/N (%)]	20/23 (87.0)*	99/118 (83.9) <sup>i</sup>	4/6 (67.7)	8/11 (72.7)	7/12 (58.3)	138/170 (81.2)
	Deterioration [n/N (%)]	3/23 (13.0)*	19/118 (16.1) <sup>i</sup>	2/6 (33.3)	3/11 (27.3)	5/12 (41.7)	32/170 (18.8)
<i>Pseudomonas aeruginosa</i>	Cure [n/N (%)]	9/12 (75.0)	24/28 (85.7)	6/10 (60)	1/1	11/17 (64.7)	51/68 (75.0)
	Deterioration [n/N (%)]	3/12 (25.0)	4/28 (14.3)	4/10 (40)	0/1	6/17 (25.3)	17/68 (25.0)
<i>Klebsiella pneumoniae</i>	Cure [n/N (%)]	0	11/15 (73.3)	1/1	–	1/2	15/18 (83.3)
	Deterioration [n/N (%)]	0	4/15 (26.7)	0/1	–	1/2	5/18 (27.8)
All pathogens	Cure [n/N (%)]	30/36 (83.3)**	135/162 (83.3) <sup>ii</sup>	11/17 (64.7)	9/12 (75.0)	19/31 (61.3)	204/258 (79.1)
	Deterioration [n/N (%)]	6/36 (16.7)**	27/162 (16.7) <sup>ii</sup>	6/17 (35.3)	3/12 (25.0)	12/31 (38.7)	54/258 (20.9)

COL, colistin; MER, meropenem; PIP/TAZ, piperacillin/tazobactam; SAM, ampicillin/sulbactam.

Relative comparisons for infections caused by *P. aeruginosa* and *K. pneumoniae* were not meaningful because of the small number of cases.

<sup>a</sup> Statistically significant differences between groups of patients—COL monotherapy vs. COL + PIP/TAZ or COL + SAM or COL + other agents: \*P = 0.076 (not significant) for infections caused by *A. baumannii*; \*\*P = 0.05 for infections caused by all pathogens.

<sup>b</sup> Statistically significant differences between groups of patients—COL + MER vs. COL + PIP/TAZ or COL + SAM or COL + other agents: <sup>i</sup>P = 0.026 for infections caused by *A. baumannii*; <sup>ii</sup>P = 0.003 for infections caused by all pathogens.

<sup>c</sup> Other agents included aminoglycosides (11 patients), imipenem (10 patients), cephalosporins (7 patients), aztreonam (2 patients) and ciprofloxacin (1 patient).

# Combination therapy - Pseudomonas

- Susceptible isolates – probably limited benefit (beta lactam vs beta lactam plus other)
  - Data is limited, studies heterogenous.
- Resistant isolates
  - Unknown, but combination based on in-vitro susceptibility seems appropriate

**Table 2.** 24 hour bacteria burden (log<sub>10</sub> CFU/ml) after exposure to two-drug & three-drug combinations.

		Baseline	Amikacin- Rifampicin- Polymyxin B	Amikacin- Meropenem - Polymyxin B	Meropenem - Polymyxin B	Amikacin- Meropenem	Amikacin- Rifampicin	Amikacin- Polymyxin B
Clonal Group	Isolates	inoculum	Mean	Mean	Mean	Mean	Mean	Mean
6	PA 403	5.10	<b>0.89</b>	2.86	3.20	6.86	8.68	6.27
7	PA 154	5.33	-	-	<b>0.65</b>	<b>1.75</b>	3.27	<b>1.60</b>
5	PA 386	5.20	<b>0.00</b>	<b>0.80</b>	9.00	6.12	8.80	4.49
8	PA 5	5.16	<b>2.15</b>	3.39	3.71	3.71	8.09	2.59
9	PA 6	5.76	-	-	3.00	3.16	3.72	<b>1.24</b>
10	PA 15	5.47	-	-	4.22	3.86	8.94	<b>2.12</b>
3	PA 30	5.19	<b>1.30</b>	<b>0.65</b>	4.44	4.37	5.13	2.84
4	PA 35	5.55	-	-	<b>2.26</b>	8.08	8.76	<b>1.30</b>
5	PA 28	4.97	-	-	<b>1.69</b>	3.38	8.16	3.55
2	PA 47	5.04	<b>0.00</b>	2.83	4.05	5.15	6.54	3.14
1	PA 48	5.08	4.58	<b>1.45</b>	2.38	3.28	6.96	7.50
2	PA 14	5.22	<b>0.00</b>	<b>1.00</b>	5.90	4.11	4.54	3.15
11	PA 14004	5.14	<b>1.94</b>	<b>0.00</b>	4.49	3.42	8.50	6.50
12	PA 425	5.39	4.19	4.02	4.11	3.70	7.28	4.35
4	PA 426	5.33	-	-	<b>1.60</b>	4.96	9.12	6.27
5	PA 377	5.14	2.89	<b>0.00</b>	4.80	6.23	8.78	4.84
3	PA 3355	5.25	-	-	<b>1.89</b>	4.09	4.82	4.35
13	PA 31165	5.00	-	-	3.37	<b>1.65</b>	7.27	<b>0.80</b>
1	PA 2854	5.58	-	-	<b>0.00</b>	6.15	5.19	5.36
5	PA 37428	5.56	-	-	<b>1.95</b>	8.90	7.47	3.36
5	PA 19224	5.00	-	-	<b>0.00</b>	4.43	8.08	6.21
5	PA 50116	5.08	-	-	2.89	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>

Bactericidal combinations denoted in bold.

# So what do I do with my resistant Pseudomonas / Acinetobacter?

- Look at available MICs
  - Try combination therapy, esp for Pseudomonas
- Options under investigation
  - Phage therapy, immunomodulation, cathelicidins, radio-immunotherapy, nanoparticles
    - All early, no human data
  - Few / no new antibiotics
- **SOURCE CONTROL**



# The bottom line?

- Very few new antibiotics appearing on the market
- Resistance in community acquired pathogens occurs, poses some challenges
- Hospitals may serve as reservoirs of resistant organisms for the community
- Resistance in hospitals becoming unmanageable...
  - Increased morbidity and mortality
  - Longer hospital stays
  - Increased hospital costs
- Optimal management for many is still unclear

# What can we do to prevent this?

## The biggest challenge

- Antibiotic stewardship
- Infection Control



# Imported *Klebsiella pneumoniae* Carbapenemase-Producing *K. pneumoniae* Clones in a Greek Hospital: Impact of Infection Control Measures for Restraining Their Dissemination

Aggeliki Poulou,<sup>a,b</sup> Evangelia Voulgari,<sup>b</sup> Georgia Vrioni,<sup>b</sup> Grigorios Xidopoulos,<sup>c</sup> Aris Pliagkos,<sup>b</sup> Vassiliki Chatzipantazi,<sup>c</sup> Fani Markou,<sup>a</sup> and Athanassios Tsakris<sup>b</sup>

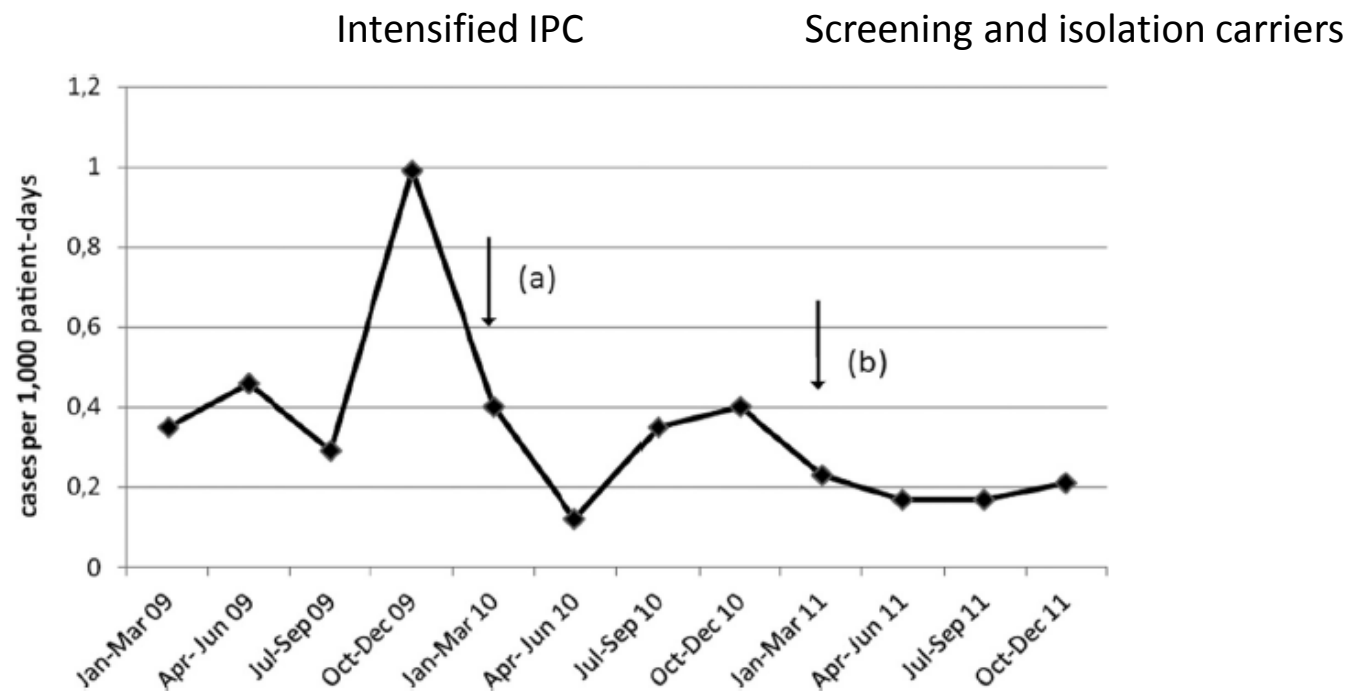


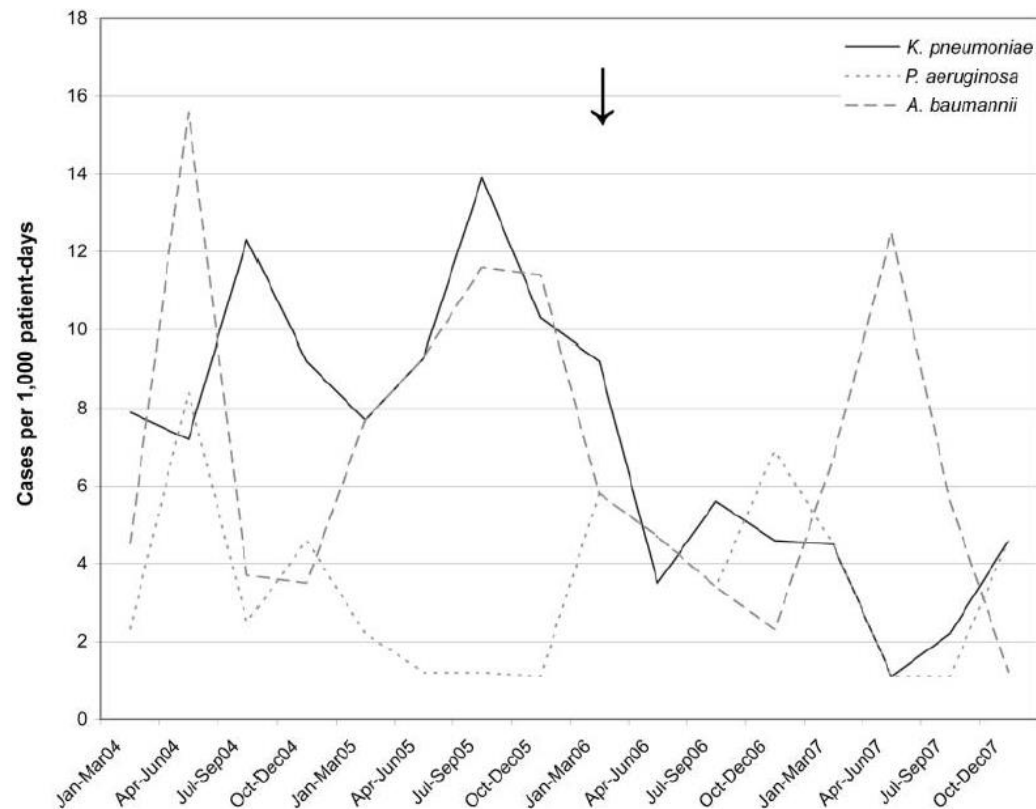
FIG 3 Incidence of new clinical cases due to carbapenemase-producing *K. pneumoniae* per 1,000 patient days per quarter during the 3 years of this study. Arrows a and b indicate the starting points of the additional infection control intervention measures undertaken in January 2010 and January 2011, respectively.



## ORIGINAL ARTICLE

# Success of an Infection Control Program to Reduce the Spread of Carbapenem-Resistant *Klebsiella pneumoniae*

Sandeep Kochar, MD; Timothy Sheard, MA; Roopali Sharma, PharmD; Alan Hui, PharmD; Elaine Tolentino, MS; George Allen, PhD; David Landman, MD; Simona Bratu, MD; Michael Augenbraun, MD; John Quale, MD



Number of clinical cultures positive for carbapenem-resistant gram-negative bacilli per 1,000 patient-days per quarter. Arrow, start of intervention.

## Transmission of carbapenem-resistant pathogens in New York City hospitals: progress and frustration

David Landman, Elizabeth Babu, Neha Shah, Paul Kelly, Olafisoye Olawole, Martin Bäcker, Simona Bratu and John Quale\*

**Table 2.** Changes in carbapenem resistance rates in the years 2006 and 2009, and infection control policies at nine hospitals

Hospital	Patients with <i>K. pneumoniae</i> with <i>bla</i> <sub>KPC</sub> per 10000 patient-days		Patients with meropenem-resistant <i>A. baumannii</i> per 10000 patient-days		Patients with imipenem-resistant <i>P. aeruginosa</i> per 10000 patient-days		Educational programmes for Gram-negative resistance	Rectal surveillance cultures performed for carbapenem-resistant organisms	Cohort patients with resistant pathogens	Cohort staff caring for patients with resistant pathogens	Change in number of infection control staff 2006–09
	2006	2009	2006	2009	2006	2009					
Hospitals with a decline in KPC-possessing <i>K. pneumoniae</i>											
1	15.89	1.69	10.59	5.08	4.89	2.37	yes	yes <sup>a</sup>	no	no	increased
2	4.62	2.39	4.84	4.14	1.10	1.09	no	no	no	no	increased
3	5.81	3.2	0.39	5.95	1.55	3.66	no	no	no	no	unchanged
4	13.06	6.71	11.19	7.22	7.09	6.19	no	no	no	no	unchanged
5	9.73	5.94	6.63	6.16	5.75	6.58	yes	no	yes <sup>b</sup>	no	increased
6	5.23	2.43	7.32	2.44	3.83	5.57	yes	no	no	no	decreased
Hospitals without a decline in KPC-possessing <i>K. pneumoniae</i>											
7	5.87	7.21	7.27	19.20	5.03	11.42	yes	no	yes <sup>b</sup>	no	decreased
8	14.00	24.94	18.07	22.06	9.94	24.46	yes	no	yes <sup>b</sup>	no	unchanged
9	5.50	13.80	9.85	9.10	1.74	4.11	no	no	no	no	increased

Better understand  
the burden of AMR  
in children

More experience /  
evidence to guide  
treatment options



Practice  
antimicrobial  
stewardship

Focus on  
infection control

**THE END**  
**THANK YOU**

